

The future starts here

work hard = accomplish 

reach

All paths led you here

MO

study climb FATE



(You) us

research

success

strive

# 2023 STARTS WITH (YOU) <sup>us</sup>

goals ✓

100%

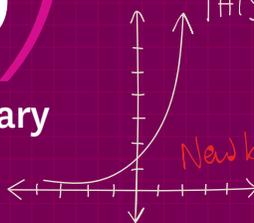


ALL OR NOTHING

Student Essentials Diary

THIS!!!

New beginnings



you to the power of us

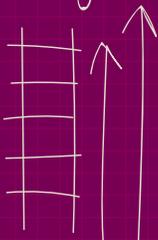
\*\$

IS

This might be it

Start here \* achieve

(ME) Ma



MACQUARIE University SYDNEY • AUSTRALIA

# Welcome to Country

**“Quai bidja, jumna tpaialla janwai – Come here, we speak together.”**

On behalf of the Dharug people, I welcome you to this Country of the Wallumattagal clan of the Dharug Aboriginal Nation. I pay my respects to the local Aboriginal Elders past and present and to the ancestors of the Land, the knowledge and the culture. We welcome people from all nations and faiths.

We further honour and pay respects to the ancestors and spirits of this land and ask that all members of the Macquarie community are granted the capacity to wingaru – to think, to learn and to walk safely upon this pemul (this land).

We celebrate with you our ongoing attachment to and custodianship of this Country. Help us to respect the Aboriginal history and to protect the fragile environment.

**Aunty Julie Janson of the Burruberongal clan of the Dharug Nation**

HAWKESBURY RIVER PEOPLE

## **WHAT IS THE WELCOME TO COUNTRY?**

Macquarie’s Welcome to Country welcomes all people of the University to the local land belonging to the Wallumattagal people of the Dharug Nation, whose culture and customs have nurtured, and continue to nurture, this land.

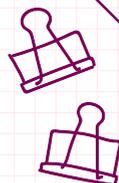
It communicates the cultural significance of our people, campus and surrounding areas. It’s extremely important to us to acknowledge, respect and celebrate the history of our people and our land.



**Download the free Walking on Dharug Country app**

from your app store to learn more about the cultural areas scattered throughout our campus of significance to Aboriginal peoples and hear the Welcome to Country from Aunty Julie Janson.

# Welcome to 2023



To our new students, welcome to the Macquarie University community. To our returning students, it's great to see you back.

You're an important part of our community, which is built on belonging, connection and mutual respect. Our values of scholarship, integrity and empowerment form the basis of everything we do. So remember, it starts with **(YOU)**<sup>PLUS</sup>.

Your university years are the time to learn, explore and grow. They are also a time to have fun, try new things and make friends for life. This diary will help you find out what Macquarie is about and make it easy for you to access the support, services and opportunities available in 2023.

You're important to us and we want you to succeed, so don't be afraid to ask for help and advice along the way.

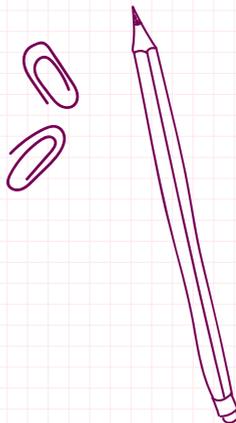
Here's to a productive and successful 2023!

## Contents

- \* Get started
- \* Get connected
- \* Get employed
- \* Get organised

Need an accessible or digital version?

Access for free at [students.mq.edu.au/accessible-diary](https://students.mq.edu.au/accessible-diary)



Funded by  
**SSAF**

Student Services and Amenities Fee

## Our values

At Macquarie, our community makes our uni life. We have a beautiful campus, but it's our people that make studying here a life-changing experience.

Our community is guided by our core values of scholarship, integrity and empowerment. In upholding these values, you'll:

- contribute to improving lives through your learning and research
- act with integrity and see how that supports discovery and innovation
- learn how valuing diversity and inclusion empowers everyone in a community and helps everyone achieve their goals.

Because our values are important to us, take some time to understand them and our expectations of all our students, as outlined in the resources below.

### WEBSITES

**Student Code of Conduct** defines your rights and responsibilities. When you accept your offer to study at Macquarie, you agree to act according to the Student Code of Conduct.

[students.mq.edu.au/student-conduct](https://students.mq.edu.au/student-conduct)

**MQ values** is where you'll find useful videos, information and advice about our inclusive community and, how we, as a community and as individuals, look after and respect each other.

[students.mq.edu.au/community-values](https://students.mq.edu.au/community-values)

**Student Care and Reporting Network** gives you an easy way to ask for support, whether it's about wellbeing, safety, inappropriate behaviour, or feedback about a service or experience at Macquarie.

[mq.edu.au/support/care-reporting](https://mq.edu.au/support/care-reporting)

### LEARNING MODULES

You'll need to complete the following learning modules in iLearn – your online learning system – as part of your studies at Macquarie. Access them at [ilearn.mq.edu.au](https://ilearn.mq.edu.au)

**Academic Integrity Module (AIM)** teaches you to be ethical, honest and responsible in your studies.

**Consent Matters** helps you understand consent, build healthy relationships and take action if you see something that doesn't sit right with you.

**MACQ2023 Your Student Starter Guide** introduces you to everything you need to know about what to expect on your journey at Macquarie.



### RESPECT. NOW. ALWAYS. AT MACQUARIE

All students are expected to treat others with respect. Abuse, harassment and bullying are not acceptable, whether face to face or online.

Unwanted touching, unwanted sexual comments, demeaning or abusive comments and threatening behaviour – whether they are from a stranger or someone you know – are harassment.

Remember – when it comes to sex, only have sex if you're confident the other person has consented. Consent must be sought and gained for every sexual activity, and consent can be withdrawn at any stage of a sexual interaction. No-one can consent if they are too drunk to understand what is happening. Sex without consent is assault and it is a crime.

### CARE AND SUPPORT

#### ON CAMPUS

- For urgent assistance, call Campus Security on (02) 9850 9999
- For free and confidential support, contact Student Wellbeing on (02) 9850 7497 during business hours or 1800 CARE MQ (1800 227 367) after hours

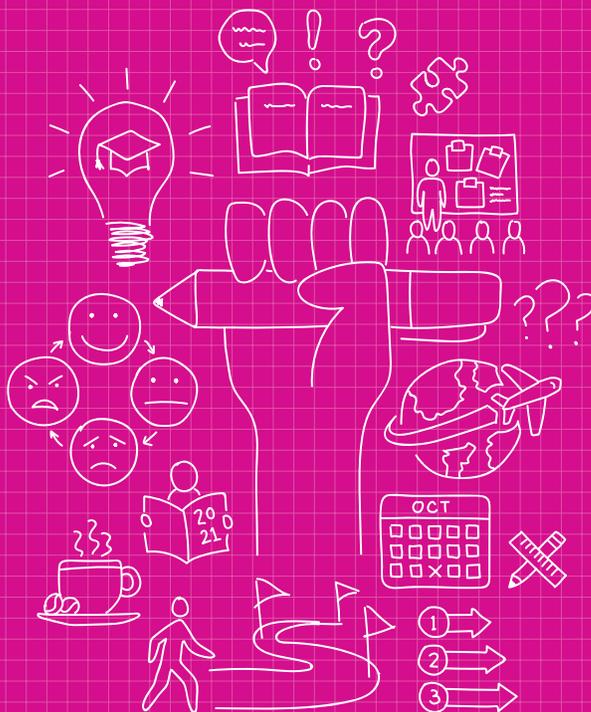
To seek support, report a concern or report behaviour that is inappropriate or unwanted, contact the Student Care and Reporting Network via [mq.edu.au/support/care-reporting](https://mq.edu.au/support/care-reporting)

You can report with your contact details or anonymously.

#### OFF CAMPUS

- For emergency assistance, call Police, Fire or Ambulance on 000
- For confidential support, contact:
  - NSW Sexual Violence Helpline on 1800 656 463
  - 1800RESPECT on 1800 737 732
  - MensLine on 1300 789 978
  - QLife LGBTIQ+ support on 1800 184 527





# GET STARTED

**Admin and tech set-up**

**Your Macquarie glossary**

**Travelling to Macquarie**

**Your safety**

**Student spaces**

**Extra tips for new international students**

**Extra tips for research students**

**Uni costs and help**

We're here to help you succeed, and our services support your academic, social, personal and professional development. Bookmark your student portal - **students.mq.edu.au** - to stay informed.

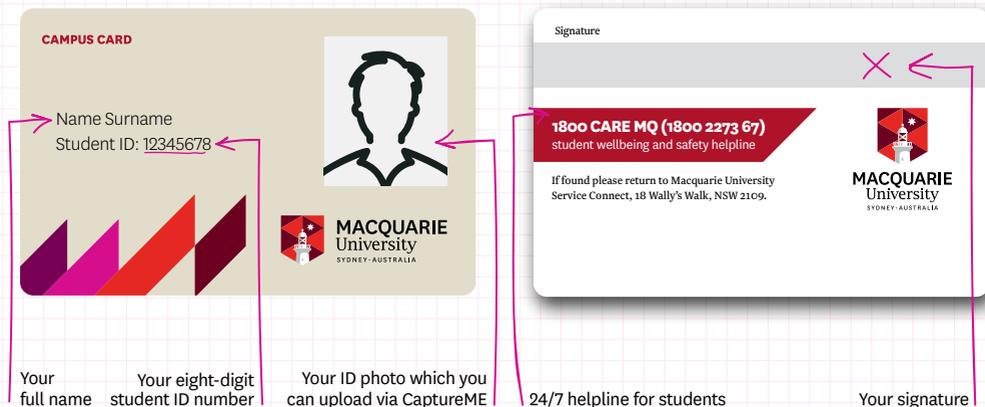
	 <p>SERVICES</p>	 <p>ONLINE</p>
 <p>ACADEMIC</p>	<ul style="list-style-type: none"> <li>• The Writing Centre</li> <li>• Library</li> <li>• Numeracy Centre</li> <li>• Course Guidance</li> </ul>	<ul style="list-style-type: none"> <li>• iLearn – StudyWISE</li> <li>• libMQ app</li> <li>• WriteWise</li> </ul>
<p><a href="https://students.mq.edu.au/support/study">students.mq.edu.au/support/study</a></p>		
 <p>SOCIAL</p>	<ul style="list-style-type: none"> <li>• Events</li> <li>• Macquarie University Peer Mentors</li> <li>• Student Groups</li> <li>• Macquarie University Buddy Program</li> </ul>	<ul style="list-style-type: none"> <li>• Macquarie University Mentor Network</li> <li>•  @macquarieuni</li> </ul>
<p><a href="https://students.mq.edu.au/uni-life">students.mq.edu.au/uni-life</a></p>		
 <p>PERSONAL</p>	<ul style="list-style-type: none"> <li>• Accommodation Services</li> <li>• Campus hub</li> <li>• Sport and Aquatic Centre</li> <li>• Student Wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>• My Legal Mate app</li> <li>• iLearn – UniWellbeing</li> <li>• MQ Wellbeing app</li> </ul>
<p><a href="https://students.mq.edu.au/support/personal">students.mq.edu.au/support/personal</a></p>		
 <p>SAFETY</p>	<ul style="list-style-type: none"> <li>• Campus Safety and Security</li> <li>• Seeking support and care</li> <li>• Respectful Relationships</li> </ul>	<ul style="list-style-type: none"> <li>• TalkCampus App</li> </ul> <p><b><a href="https://students.mq.edu.au/support/care-reporting">students.mq.edu.au/support/care-reporting</a></b></p>  <p>Scan to find out more</p>
<p><a href="https://students.mq.edu.au/support/safety-security">students.mq.edu.au/support/safety-security</a></p>		

## Admin and tech set-up

### YOUR CAMPUS CARD

Your Campus Card is your ID while you're on campus and you must use it to access the Library, print and copy facilities, campus buildings and student discounts off campus. Order your card online and we'll mail it out to you.

[mq.edu.au/campus-card](http://mq.edu.au/campus-card)



### YOUR STUDENT ID AND PASSWORD GIVES YOU ACCESS TO ...

- free wi-fi on campus – connect to 'Macquarie OneNet' on any mobile device or laptop
- free software such as Office365 and free access to AppStream, so you can access EndNote, Adobe, Minitab and Stata from anywhere
- student email powered by **gmail.com** – this is how we communicate with you, so check it regularly.

Your email address is

**firstname.lastname@students.mq.edu.au**

### YOUR STUDENT SYSTEMS

**eStudent** is where you enrol and withdraw from units, register for classes, update your personal information and contact details, view exam results and pay some fees.

**student1.mq.edu.au**

**iLearn** is your online learning space where you'll find your subject specific materials and resources. Your unit guide, assessment guide, unit lecture recordings, reading lists and other study materials are all kept in iLearn. You'll also receive important updates via the announcements (such as your online class links), complete assessments and connect with classmates in discussion forums.

**ilearn.mq.edu.au**

**MyLearn** is a new tool to help you organise your study, keep up with your learning activities and assessment tasks, monitor your progress, and gain insights into your own study patterns.

**mylearn.mq.edu.au**



### NEED HELP?

The **TechBar** can help with your Student ID, network access, password resets and computer problems.

Online self-service is available at **help.mq.edu.au**

Ground Floor, 18 Wally's Walk  
Macquarie University

**T:** (02) 9850 4357

**E:** [help@mq.edu.au](mailto:help@mq.edu.au)

**Service Connect** can help with everything else, but specialise in eStudent, Campus Card, application and enrolment questions.

Online self-service is available at **ask.mq.edu.au**

Live chat at **students.mq.edu.au/service-connect**

Ground Floor, 18 Wally's Walk (18WW)

**T:** (02) 9850 6410

## Your Macquarie glossary

University can seem like a whole different world with its own special language. To help you, we've explained some of the most important terms you'll hear during your time with us.

**Course guidance** – to help you understand and plan your studies to make sure you're on the right path.  
[students.mq.edu.au/course-guidance](https://students.mq.edu.au/course-guidance)

**Academic honesty** – principle that all students act with integrity in the creation, development, application and use of ideas. Check the policy at [students.mq.edu.au/student-policy-gateway](https://students.mq.edu.au/student-policy-gateway)

**Academic record** – a document outlining your enrolment and the grades you've been awarded. You can check this record via eStudent in the 'My Study' tile.

**Academic transcript** – the official and certified version of your academic record. It lists the courses and units you have enrolled in and the units you attempted with the grades received. We charge a fee each time you order your transcript – find out more at [students.mq.edu.au/academic-transcripts](https://students.mq.edu.au/academic-transcripts)

**Alumni** – people who have graduated from Macquarie. Find out more at [mq.edu.au/alumni](https://mq.edu.au/alumni)

**Assessment** – activities, tasks and/or performances that support your learning. You need to successfully complete these to get a pass grade for your unit, and they're listed in your unit guide, available on iLearn.

**Australian Higher Education Graduation Statement (AHEGS)** – a statement of your academic and special achievements, recognition and prizes won at Macquarie. See what's included at [students.mq.edu.au/graduation/ahegs](https://students.mq.edu.au/graduation/ahegs)

**Capstone unit** – a final year unit in your course that integrates the material presented across a major or for your whole course. Find out more at [coursehandbook.mq.edu.au](https://coursehandbook.mq.edu.au)

**Core zone** – a set group of units that make up the foundation learning in your degree. These are usually compulsory units you must complete. Check your course at [coursehandbook.mq.edu.au](https://coursehandbook.mq.edu.au)

**Course transfer** – allows you to change from your current undergraduate course to a different undergraduate course at Macquarie. Review the free process and criteria at [mq.edu.au/course-transfer](https://mq.edu.au/course-transfer)

**Course** – the degree you're studying at Macquarie, which may be generalist or specialist. These are also organised into undergraduate degrees (start with a 'Bachelor of ...' or 'Diploma of ...') and postgraduate degrees (start with a 'Master of ...' or 'Doctor of ...'), which could be research-focused or coursework. Find out more at [coursehandbook.mq.edu.au](https://coursehandbook.mq.edu.au)

**Credit points** – each unit is worth a specified number of credit points, which reflects the amount of work required in the unit.

**Examinations** – supervised time-limited and individual assessment tasks usually taken at the end of a study period. See [students.mq.edu.au/exams](https://students.mq.edu.au/exams)

**Exchange** – approved studies completed at a university other than Macquarie, usually taken in your second year. Explore your options at [students.mq.edu.au/exchange](https://students.mq.edu.au/exchange)

**Flexible zone** – a group of units within your degree that you have freedom to choose. These might be from an approved list of units for some courses. You can check at [coursehandbook.mq.edu.au](https://coursehandbook.mq.edu.au)

**Graduation** – the formal ceremony where your degree is conferred (finalised and awarded) by Macquarie. Get excited at [students.mq.edu.au/graduation](https://students.mq.edu.au/graduation)

**Leave of absence** – the application you need to submit if you want to take a break from study. Find details at [students.mq.edu.au/study/break](https://students.mq.edu.au/study/break)

**Major** – a structured sequence of units in a particular subject area or discipline.

**Minor** – a sequence of units in a particular subject area or discipline, including at least two units at 2000 level or above.

**Misconduct** – occurs when you do not follow the accepted standards or behaviour as outlined in the Student Code of Conduct and in University by-laws, rules and policies. [students.mq.edu.au/conduct](https://students.mq.edu.au/conduct)

**PACE** – the University's flagship work integrated learning program – Professional and Community Engagement – that allows you to apply your knowledge and skills in a real workplace context.

**Plagiarism** – using the work or ideas of another person without clear acknowledgement of the source. Learn how to avoid this in iLearn's **Academic Integrity Module**.

**Student Services and Amenities Fee (SSAF)** – a fee you pay that contributes towards the funding for student services, support and facilities of a non-academic nature and of benefit to all students. [students.mq.edu.au/ssaf](https://students.mq.edu.au/ssaf)

**Special consideration** – an application you can submit if you experience serious and unavoidable difficulties when completing assessments or exams. Check the process at [students.mq.edu.au/special-consideration](https://students.mq.edu.au/special-consideration)

**Specialisation** – a structured sequence of units usually attached to professional accreditation.

**Study period** – a division of the academic year which could be a session (half year) or term (6 or 10 weeks).

**Unit** – also known as a subject, which comprises a certain amount of credit points. These are the building blocks for your course. Find more at [mq.edu.au/glossary](https://mq.edu.au/glossary)

→ FOR MORE DETAILS SEE NEXT PAGE

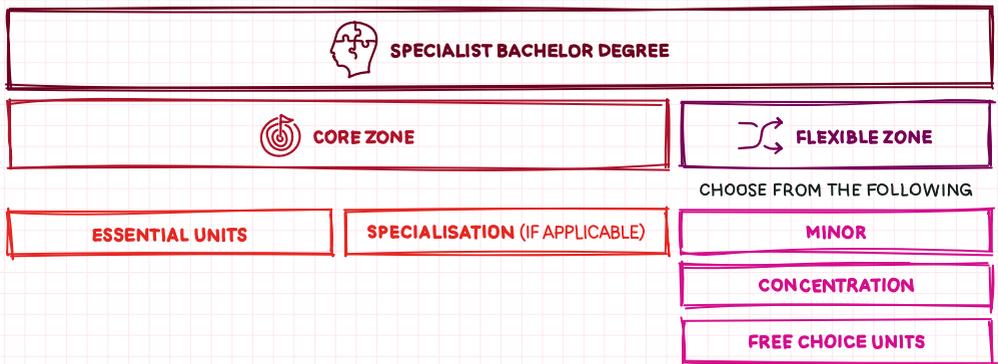
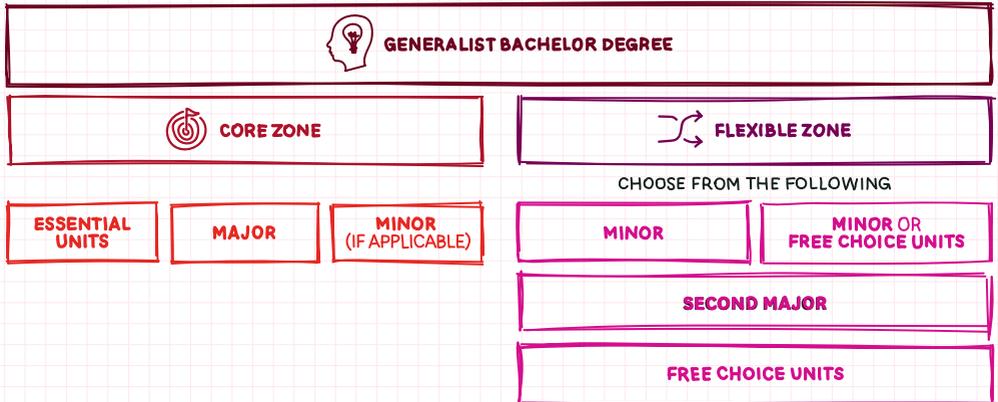


## 1 GENERALIST DEGREES

Such as the Bachelor of Arts, the Bachelor of Commerce and the Bachelor of Social Science – provide more flexibility in the units you can choose, which means you can tailor your studies to your career path.

## 2 SPECIALIST DEGREES

Such as the Bachelor of Engineering and the Bachelor of Laws – are usually professionally accredited and have a more structured list of units to complete.

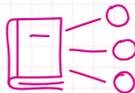


### TOP 3 TIPS FOR CHOOSING UNITS FOR YOUR FLEXIBLE ZONE



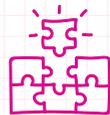
#### CHOOSE SOMETHING THAT INTERESTS YOU.

You'll do better if you're interested in what you're learning.



#### CHOOSE SOMETHING RELATED TO YOUR STUDIES.

Increasing your knowledge in a related area can increase your employability.



#### CHOOSE SOMETHING COMPLEMENTARY TO YOUR STUDIES.

For example, if you're studying IT, choose some communication units to give you complementary skills.



Macquarie University  
Metro Station

## Travelling to Macquarie

### PUBLIC TRANSPORT

Buses from all over Sydney stop on campus and in nearby streets. We also have our own train station, Macquarie University Metro Station.

You'll need an Opal card to travel, otherwise you can use other methods of contactless payments, such as a debit or credit card, or mobile wallet.

Find out more about buses and trains that get you to campus and how to get an Opal card at [transportnsw.info](http://transportnsw.info)



### TRAVEL CONCESSION

#### NEW AUSTRALIAN STUDENTS

If you're enrolled as a full-time student at Macquarie or registered with Student Wellbeing for accessibility support, you may be eligible for cheaper travel on public transport.

[students.mq.edu.au/transport-concession](http://students.mq.edu.au/transport-concession)

#### RETURNING STUDENTS

You need to submit a new declaration each year for your concession Opal card to remain active. You can submit your declaration form at [ask.mq.edu.au](http://ask.mq.edu.au)

#### INTERNATIONAL STUDENTS

Only international students whose study is fully funded by specified Australian Government scholarships are eligible for travel concessions.

### PARKING

We have more than 4500 parking spaces on campus, including accessible spaces.

There are two ways to pay for ticketless parking:

- Pay as you go (PAYG)
- Virtual permit (vPermit)

Find more details, including costs, at [mq.edu.au/parking](http://mq.edu.au/parking)

### BIKES AND WALKING

If cycling is more your style, we have multiple bike hubs and bike racks where you can securely park your bicycle. Find the facilities and best routes for getting around at [mq.edu.au/maps](http://mq.edu.au/maps)

Find out more about getting to Macquarie at [mq.edu.au/transport](http://mq.edu.au/transport)



**TIP:** Some research students may also be eligible for travel concession. Contact Service Connect for more advice at [students.mq.edu.au/service-connect](http://students.mq.edu.au/service-connect)

## Your safety

We care about you and your safety. There is a team of security professionals on campus at all times to help and support you.

### IN AN EMERGENCY

Contact Campus Security via an emergency help point or by calling (02) 9850 9999. Campus Security will call 000 and direct NSW Police, Fire or Ambulance.

### EMERGENCY HELP POINTS

Emergency help points (blue poles) are strategically positioned throughout the campus. Use these points to connect with Campus Security at any time when you feel that you (or someone else) are unwell or your safety is threatened and you need immediate help.



### BUILDING ACCESS

To enter most on campus buildings, you'll need to swipe your Campus Card. As a student, you should automatically have access to the facilities you need. For any questions or to organise access, contact the Security Control Centre on (02) 9850 7112.

### LOST AND FOUND

Campus Security manages lost and found items on campus. Report lost or found property by calling Campus Security on (02) 9850 7105 or visiting them at the Library – Level 2, 16 Macquarie Walk.

Find more information on Campus Security at [mq.edu.au/security](http://mq.edu.au/security)



**TIP:** You can find the map of stops and schedule at [mq.edu.au/security/shuttle-bus](http://mq.edu.au/security/shuttle-bus)

### STAYING SAFE ON NIGHTS OUT

- Make sure you have enough money for food, water and a taxi or public transport home.
- Carry ID, such as your driver's licence or proof of age card.
- Keep your mobile phone with you, and make sure it's charged and has credit.
- Let people at home know what time to expect you back. If you decide to leave unexpectedly or are meeting someone new, let someone know.
- Don't leave your drink unattended.
- Remember that possession of illegal drugs may lead to a criminal record.



### SECURITY ESCORT

You can make a request for Campus Security to walk you from any location on campus to the train station, campus bus stops, the surrounding car park areas or any of our accommodation. The service operates every day of the year, but try to contact them well in advance to arrange. Call (02) 9850 7112 to request a Campus Security escort.

### WELLBEING APP

Download the Wellbeing App as this has safety and security information and you can receive notifications through this.

### FREE SHUTTLE BUS

During session, there are free shuttle services from Monday to Friday, 4pm – 12.30am. The shuttle bus runs between campus buildings, the train station and student accommodation.



## Student spaces

### THERE'S ROOM FOR EVERYONE!

Macquarie offers you the best of both worlds – from quiet study spaces to set you up for success in class, to social spaces that help you unwind.

#### SERVICE CONNECT

Service Connect is your first point of contact for questions about your life at Macquarie. If you don't know who to ask, Service Connect can point you in the right direction.

They answer a huge range of student enquiries and support many of the processes or services you might need during your studies. They're there to help you – contact them online, by phone or in person.



#### CONTACT SERVICE CONNECT

**Hours:**

Monday to Friday, 9am – 5pm  
(Hours may be extended during peak enrolment periods)

**Online chat:**

Available during business hours  
[students.mq.edu.au/service-connect](https://students.mq.edu.au/service-connect)

**Phone:**

(02) 9850 6410

**In person:**

Ground Floor, 18 Wally's Walk (18WW)

**SELF-HELP:**

AskMQ is our online service that provides quick and simple answers to all your questions about life at Macquarie. Access it from your computer, tablet or mobile phone at [ask.mq.edu.au](https://ask.mq.edu.au)

#### 18 WALLY'S WALK

Whether you need Service Connect, TechBar, or a space to study or conduct group work, the Ground Floor 18 Wally's Walk has plenty to offer students.

#### AT 18WW, YOU'LL ALSO FIND:

- MacShop
- Student Group Lockers
- Women's Room
- Student Study Space
- Queer Room
- TechBar

#### 1 CENTRAL COURTYARD

Explore 26 teaching rooms, student areas and food outlets at The Hub and the Ubar – all under one room.

#### ARTS PRECINCT

Open spaces for you to explore, study, unwind and explore your horizons.

#### WALANGA MURU SPACES

Spaces designed to support our Aboriginal and Torres Strait Islander students.

[students.mq.edu.au/uni-life/campus/spaces](https://students.mq.edu.au/uni-life/campus/spaces)

#### QUEER ROOM

Queer Room is a safe space on campus for all staff and students who identify across the LGBTQIA+ spectrum as well as their straight allies.

#### WOMEN'S ROOM

The Women's Room is a safe and friendly place for female-identifying students and staff to rest, reflect, socialise and study.

[students.mq.edu.au/uni-life/campus/spaces](https://students.mq.edu.au/uni-life/campus/spaces)



Central Courtyard



# SERVICE CONNECT

## 16 MACQUARIE WALK – YOUR LIBRARY

So much more than a home for books, Macquarie's Library offers these services and facilities:

- Borrow (and return) books
- Computers and group presentation pods
- Borrow a laptop for a few hours
- Getting help finding information for your assignments in Multisearch
- Print, scan or copy
- Study in peace and quiet
- Get a bite to eat or a coffee at the Library Café
- Study in the dedicated postgraduate and higher degree research (HDR) spaces.

### GOT AN ASSIGNMENT DUE BUT DON'T KNOW WHERE TO START?

Finding the right sources of information is one of the essential first steps. The Library's online tutorials, and subject and research guides will help you get started. You can also speak with a librarian on the phone or via chat.



## LIBRARY

Level 2, 16 Macquarie Walk

T: (02) 9850 7500

[mq.edu.au/library](http://mq.edu.au/library) to chat or for more information.



Opening hours change throughout the year, so check the website at [mq.edu.au/library](http://mq.edu.au/library) or download the free app – libMQ.

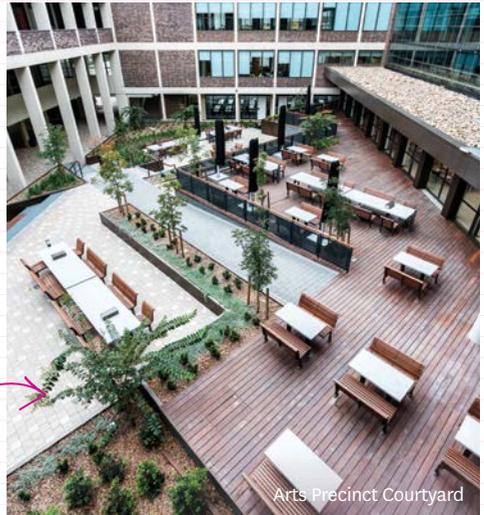
## 25 WALLY'S WALK – ARTS PRECINCT

The Arts Precinct features specialised team and object-based learning spaces such as:

- the Macquarie University History Museum
- a language centre with immersive and collaborative spaces
- an ideas hub enabling students to produce professional quality video and audio recordings
- the Australian Centre for Ancient Numismatic Studies, housing more than 5000 coins and a dedicated numismatic library.

The Arts Precinct also features welcoming spaces where students can work independently or collaboratively, such as:

- consulting booths
- group tables
- technology-enabled lounges
- café and outdoor tables.



**TIP:** A beautiful undercover rooftop terrace is also available for you to study or socialise.



## 1 CENTRAL COURTYARD

At the heart of our campus, the Central Courtyard has undergone a revitalisation and expansion that includes new student accommodation and a new building featuring:

- **Basement level:** Graduation hall and stage, function rooms and a commercial kitchen
- **Ground level:** 17 food and beverage retail areas, Ubar and terraced area overlooking the lake, semi-covered/open-air communal dining areas with seating
- **Levels 1 and 2:** 25 formal and informal teaching spaces
- **Central plaza space:** outdoor entertainment and seating.



### LIVE WITH US

Brand new on campus accommodation

- 342 rooms right in the middle of campus
- Studios as well as one, twin, four- or six-bedroom apartments
- Accessibility-enabled rooms and communal spaces
- All utilities included in the weekly rate (including wi-fi)
- Residential life activities to help you settle into your new home away from home
- Free gym membership at Macquarie's Sport & Aquatic Centre
- 24 hour security



Did we mention it's right in the middle of campus ... It couldn't get any more convenient.

Find out more and apply at [accommodation.mq.edu.au](http://accommodation.mq.edu.au)





Macquarie University Sport and Aquatic Centre

**10 GYMNASIUM ROAD – MUSAC**

The Macquarie University Sport and Aquatic Centre (MUSAC) offers a health club, two heated swimming pools, squash courts, gymnastics and martial arts facilities, and social and representative sporting competitions. Learn to swim, get fit with personal training, meet people in group fitness and other recreational classes with a range of options available for you to train with confidence.

Find out more at [musac.mq.edu.au](https://musac.mq.edu.au)

**DID YOU KNOW?**

You can book and hire facilities like our sports fields, basketball and squash courts, tennis courts, and venue spaces like our halls and studios. Find out more at [musac.mq.edu.au/venue-hire](https://musac.mq.edu.au/venue-hire)

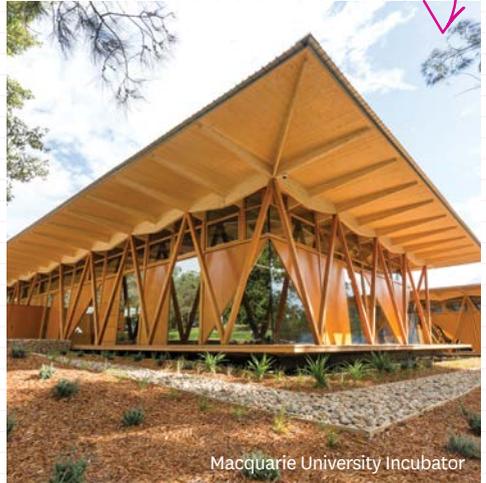


**8 HADENFELD AVENUE – MACQUARIE UNIVERSITY INCUBATOR**

The Macquarie University Incubator is a thriving nexus for students, researchers, staff and the broader startup and intrapreneur community to explore, develop and scale their ideas, with infinite potential for real-world impact.

It offers an accessible and vibrant space for resident members and the community to come together, to innovate and to create and ignite possibilities.

Find out more about student programs on Page 28 and check out [mq.edu.au/incubator](https://mq.edu.au/incubator)



Macquarie University Incubator



Macquarie University Sport and Aquatic Centre

## Extra tips for new international students

Whether you're studying with us online from your home country or here in Australia, we have lots of support options and advice to help you succeed at Macquarie.

We also have an international student support page that you might like to bookmark [students.mq.edu.au/support/international](https://students.mq.edu.au/support/international). We update this page from time to time with information specific to our international students.

### STUDYING ON CAMPUS IN AUSTRALIA

#### ENGLISH LANGUAGE SUPPORT

We offer several programs to support and develop your confidence with speaking and writing in English. These include social gatherings, workshops, discussion groups, and resources. Learn more about Discussion Groups, the Language Café and other English language resources: [students.mq.edu.au/support/study/writing/english](https://students.mq.edu.au/support/study/writing/english)

#### INTERNATIONAL STUDENT ENGAGEMENT OFFICER

The International Student Engagement Officer is here to share information about the different support, activities, and programs available to you. They would also love to hear any feedback and ideas you have for how we can provide the best experience for you! Come and chat with them at their weekly office hours during session every Wednesday, 1pm–3pm, at Service Connect, Ground Floor, 18 Wally's Walk.

#### BUY HOUSEHOLD ITEMS AND GROCERIES

Macquarie Centre shopping complex is located next to our campus. If you're looking to buy groceries, the three most popular supermarkets in Sydney are Aldi, Coles and Woolworths. If you're looking to buy household items and appliances, check out Big W or Kmart, which are discount department stores. [macquariecentre.com.au](https://macquariecentre.com.au)

#### BUDDY PROGRAM

Looking for ways to explore Sydney and make friends? Come and join the Buddy Program! We have many exciting social events and activities throughout the session for you to get to know Sydney like a local, have fun connecting with new friends, and get the most out of your university experience! Find out more: [students.mq.edu.au/buddies](https://students.mq.edu.au/buddies)

#### WELLBEING AND SUPPORT

We understand that University can be exciting and overwhelming at the same time. We are here to support you. Student Wellbeing is available to students 24/7, every day of the year. You can reach out to them for support services including confidential counselling and mental health support and support with financial, legal, and relationship concerns. Staff working with Student Wellbeing speak Mandarin and Cantonese, and can accommodate other language preferences as well. [students.mq.edu.au/support/personal/wellbeing](https://students.mq.edu.au/support/personal/wellbeing)

#### ACCESS THE MYAUS APP

MyAus App is your guide to setting up your life in Australia, in your language. It includes information about life in Australia including accommodation, finances and money, health system, legal system and support, staying safe, working in Australia and much more. Download the free app: [myausapp.com](https://myausapp.com)



Keep your mobile number, mailing address, alternate email address and emergency contact details up to date in **eStudent**. It's important that we can contact you.

#### ACCOMMODATION

Interested in living on campus? Check out our new on campus accommodation right in the middle of campus on page 10. Find out more and get advice about your on or off campus living options from our Accommodation Services:

**T:** (02) 9850 7965  
**E:** [housing@mq.edu.au](mailto:housing@mq.edu.au)

[accommodation.mq.edu.au](https://accommodation.mq.edu.au)



### STUDYING FROM YOUR HOME COUNTRY

#### SET UP FOR ONLINE LEARNING

You might be using several new systems – or software – for the first time, so make sure you're set up before classes start. Review tips for online learning at [students.mq.edu.au/support/study/writing/resources](https://students.mq.edu.au/support/study/writing/resources)

IT has great information about respectful online behaviour and how to use student systems. [students.mq.edu.au/support/technology](https://students.mq.edu.au/support/technology)

#### TOGETHER WITH (YOU)<sup>US</sup>

Our free student services and supports are available online, with some services accessible 24/7 anywhere in the world.

Explore your options at [students.mq.edu.au/support/personal/counselling/offshore-student-support](https://students.mq.edu.au/support/personal/counselling/offshore-student-support)



#### MAKE FRIENDS THROUGH OUR PEERS

You can select a Macquarie University Peer Mentor, join a student group or even check out the Language Café. Find out how at [students.mq.edu.au/peer-support](https://students.mq.edu.au/peer-support)



## GETTING THE MOST OUT OF YOUR OVERSEAS STUDENT HEALTH COVER (OSHC)

Medibank is our chosen provider of Overseas Student Health Cover (OSHC), which helps international students cover their medical costs whilst in Australia. Learn more about how to get the most out of your OSHC, including how to see a doctor and how to make a claim: [students.mq.edu.au/OSHC](https://students.mq.edu.au/OSHC)



## Extra tips for research students

Being a research student is quite different to being an undergraduate or even a postgraduate. It's more. More in-depth study, more commitment, more juggling and more of what you love. All this 'more' requires a balanced approach from you – and support when you need it from us.

### ACCESS MORE ...

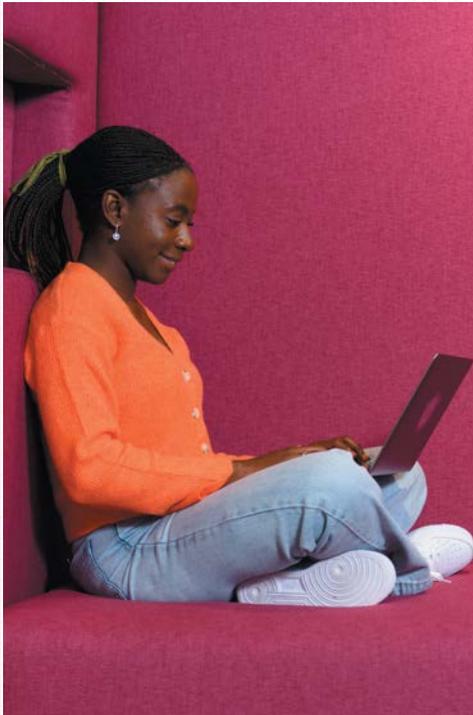
#### LIBRARY

Build your research skills, manage your research data and set up consultations with your Faculty or Clinical Librarian for advice on conducting research and managing research output and analysis. Get more information at

[mq.edu.au/library/research-support](https://mq.edu.au/library/research-support)



**TIP:** The Library has a dedicated silent study space, on Level 5, for research students only. Use the free libMQ app to find out more.



#### SCHOLARSHIPS

To effectively support the demands of research, Macquarie has three types of scholarships that usually include a living allowance (stipend), tuition fee support and other allowances. Find out more and search for scholarships at [mq.edu.au/research/scholarships](https://mq.edu.au/research/scholarships)

#### TRAINING, SUPPORT AND TOOLS

The Support and Development team run programs to help you become an independent, resilient and empathetic researcher with sustainable, transferable skills and the confidence to work collaboratively with industry and community partners.

The Support and Development team run these four programs to help you ... and community partners:

- Mentors Program
- Study Skills
- Professional Development
- Supervision Enhancement Program

Look out for the HDR Matters monthly newsletters for announcements and professional development opportunities.

[students.mq.edu.au/hdr/training-support-tools](https://students.mq.edu.au/hdr/training-support-tools)

#### DID YOU KNOW? ??

As a research student, you have the same access as all Macquarie students to our help and support services. Check out:



Student Wellbeing  
[mq.edu.au/wellbeing](https://mq.edu.au/wellbeing)



Career and Employment Service  
[students.mq.edu.au/careers](https://students.mq.edu.au/careers)



Service Connect for general help and support  
[students.mq.edu.au/service-connect](https://students.mq.edu.au/service-connect)



Childcare  
[students.mq.edu.au/child-care](https://students.mq.edu.au/child-care)



General scholarships  
[students.mq.edu.au/scholarships](https://students.mq.edu.au/scholarships)

And so much more – see pages 21–30 for more details.



## Uni costs and help

It can be hard to focus on your study, your goals or anything when money is tight. We also know that, for some of you, starting university means managing your own money for the first time – and that can take practice.

### LET'S TALK MONEY ...

There are a few costs that every student pays when they study at Macquarie:

① **Tuition fees** – these will be calculated based on the units you study and the level of study you're undertaking (undergraduate, postgraduate coursework/research or international). Some students need to pay fees up front.

- You can find out what fees you owe in **eStudent** in the 'My Finances' tile
- Find out your student fee rates at [mq.edu.au/unifees](http://mq.edu.au/unifees)
- Check payment due dates and other important information at [students.mq.edu.au/finances/fees](http://students.mq.edu.au/finances/fees)



**TIP:** You can apply for a payment plan if you're struggling to pay your fees.

[students.mq.edu.au/fees/problems-paying](http://students.mq.edu.au/fees/problems-paying)

### ② SSAF (Student Services and Amenities Fee)

– this fee contributes towards funding for non-academic student services, support and facilities such as our free MQ Wellbeing app, employment opportunities for our students and this diary.

- The SSAF is charged each study term/session.
- You can find out what SSAF you owe in **eStudent** in the 'My Finances' tab.
- Find out how to pay SSAF and what we fund at [students.mq.edu.au/ssaf](http://students.mq.edu.au/ssaf)

③ **Other costs** – depending on what you're studying, you may have to pay for textbooks or equipment, such as covered shoes, lab coats, art supplies, etc. If you're studying a course that has placement requirements, there could be things you'll need to buy that relate to your placement. You'll find out about other study-related costs from your faculty when you enrol.



**TIP:** Scholarships, student grants and loans may be available to help with other uni-related costs.

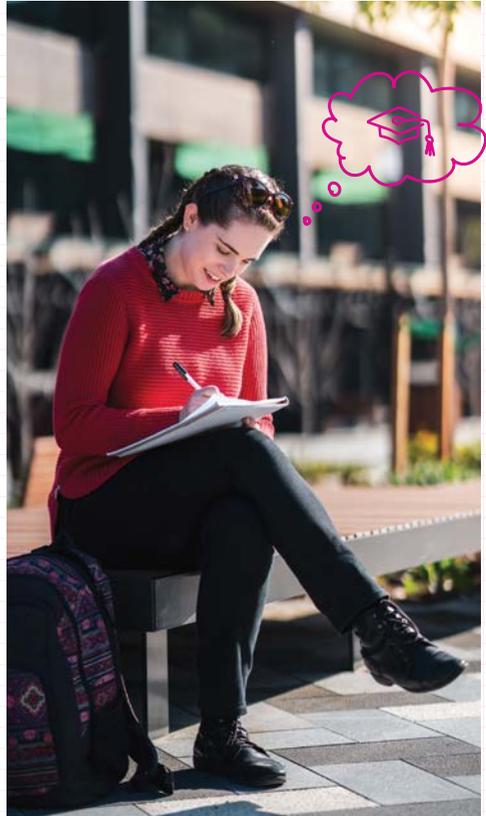
[students.mq.edu.au/scholarships](http://students.mq.edu.au/scholarships)



## ESTIMATED LIVING COSTS

LIVING EXPENSES	WEEKLY COST* (AUD)
Rent (on campus or off campus)	\$250 – \$550
Phone and internet	\$20 – \$50
Entertainment	\$50 – \$100
Food and groceries	\$80 – \$200
Public transport	\$10 – \$50

\*Costs are indicative only and will vary according to your lifestyle and preferences.



### GETTING HELP

Download the free MQ Wellbeing app from your app store for all the tools you need to manage your money. The app gives you access to:

- financial planning
- free online resources such as the Australian Government's [moneysmart.gov.au](http://moneysmart.gov.au)
- financial counselling with the National Debt Helpline on 1800 007 007.

You should also check if you're eligible for support from the Australian Government at [studyassist.gov.au](http://studyassist.gov.au)



# YOUR STUDENT JOURNEY

For each study session, your student journey may look this:

## ACADEMIC CALENDAR

For most students, the academic year consists of two 13-week sessions: Session 1 and Session 2. There is a 2-week mid-session break and 3 weeks for exams at the end.  
[students.mq.edu.au/study/course/dates](https://students.mq.edu.au/study/course/dates)



## ENROLMENT

Enrol in units, register for classes, get your Campus Card online.

[students.mq.edu.au/study/enrolling](https://students.mq.edu.au/study/enrolling)  
[mq.edu.au/campus-card](https://mq.edu.au/campus-card)



## MACQUARIE

### KICKSTART WEEK

Program for new students to get ready for your studies



## LAST DATE TO ENROL

The last date in your study period that you can add a new unit to your enrolment (usually in Week 2). Chat to Student Connect for questions  
[students.mq.edu.au/support/centres/service-connect](https://students.mq.edu.au/support/centres/service-connect)



## FIRST WEEKS

Attend classes, academic and writing workshops; go to social events and create good study habits



## ORIENTATION

Complete your online onboarding, attend 0 week; engage with student group stalls and join mentors and buddies activities



## FIRST ASSESSMENT DUE

Engage with the Library Services, get help at the Writing Centre and stay balanced with MQ Wellbeing app



## CENSUS DATE

The last date that you can withdraw from a unit without having to pay for it. Refer to [mq.edu.au/unifees](https://mq.edu.au/unifees).

For more information; always visit the relevant pages to check important dates



## MID-SESSION BREAK

Take some time to rest, relax, reset and get ahead for the rest of the session!



## RESULTS

Released two weeks after the examination period ends. Didn't get what you expect? Chat to Student Connect  
[students.mq.edu.au/support/centres/service-connect](https://students.mq.edu.au/support/centres/service-connect)



## FINAL ASSESSMENTS AND EXAMS

Check with the Writing Centre for exam preparation and advice. Find your timetable and more help at [students.mq.edu.au/exams](https://students.mq.edu.au/exams)



## LAST DATE TO WITHDRAW WITHOUT FAIL

Usually in Week 7 - if you withdraw after this date you'll receive a fail on your official record and transcript. Chat to Student Connect for questions  
[students.mq.edu.au/support/centres/service-connect](https://students.mq.edu.au/support/centres/service-connect)

Find out more important dates and what to expect in your student journey at [students.mq.edu.au/study](https://students.mq.edu.au/study)



## Macquarie Kickstart and Orientation

The best way to be ready for study at Macquarie is to attend Orientation Week (O Week) and Macquarie Kickstart. Macquarie Kickstart runs the week before session starts in Session 1, and O Week is the first week of study. Both Macquarie Kickstart and O Week have a series of events, activities and information sessions designed to make sure you're prepared for study, but most importantly, you'll get to meet people.

### WHAT HAPPENS AT MACQUARIE KICKSTART

- Prepare for your studies and meet the class of 2023!
- Connect with your Faculty, academics and other support services that will help you with your studies and student experience at Macquarie
- Participate in activities that will aid in your transition to university life
- Learn how to use our systems to enrol, network and thrive on campus.

### WHAT HAPPENS AT O WEEK

- Meet people – academics and other students from your course, people from your town/country, people you'll be spending time with over the next few years
- Join the fun! Meet student and sporting groups through stalls and activities
- Connect with a Peer Mentor who will help you transition into studies at Macquarie
- Engage in social activities in Central Courtyard
- Find out about the many services, support and facilities to help you succeed in your studies
- Explore your student life by connecting with the community at our fun social activities.

To make the most of Macquarie Kickstart and O Week, find out more at [mq.edu.au/orientation](http://mq.edu.au/orientation)

### TOP 5 TIPS FROM CURRENT STUDENTS'

#### ① STRIKE UP A CONVERSATION OR CHAT

Connect with people the old-fashioned way during class breaks by striking up a conversation or posting a chat in your Zoom. You already have something in common – you're all studying at Macquarie – and they're probably just as nervous, excited or unsure as you are.

#### ② ASK FOR HELP

Ask early; don't be shy. Ask anything about your learning life, even if it feels like a silly question. The Service Connect team are waiting for you to ask. As their name suggests, they will connect you to our services and support systems.

#### ③ DEVELOP TIME MANAGEMENT SKILLS

Check out our time management module in iLearn to set yourself up with great study habits.

[ilearn.mq.edu.au](http://ilearn.mq.edu.au)

#### ④ GET PRACTICAL EXPERIENCE AND GET INVOLVED

Embrace every experience as part of your learning, as uni is not just about getting a degree. Make the most of your time by seeking out opportunities to get involved, whether that's volunteering, interning or running events for a club or society.

#### ⑤ AIM FOR BALANCE

Look after yourself. Work, study, friends and taking time out are all important for your health, wellbeing and success. Make sure you set aside time in your schedule to find some balance.

Fine tune your study habits and more at

[students.mq.edu.au/academic-progression](http://students.mq.edu.au/academic-progression)





## Connect with other students

There are many ways to connect with people like you, try new things, help others within your community and develop valuable skills. Here's a list of the main ones but for other opportunities to connect, see

[students.mq.edu.au/peer-support](https://students.mq.edu.au/peer-support)

### MACQUARIE UNIVERSITY PEER MENTORS

Starting at Macquarie can be a big change, and the best way to ease yourself into it is by learning from someone who has been exactly where you are. That's what our Peer Mentors are about – they'll guide you one-on-one through your first six weeks of study to help you get the best start possible and make connections within your new community. Find out more at [mq.edu.au/mentors](https://mq.edu.au/mentors)



You can sign up for a Peer Mentor on the Macquarie University Mentor Network at [mq.au.peoplegrove.com](https://mq.au.peoplegrove.com)



**TIP:** Make sure you click 'Join Program' for the Macquarie University Peer Mentors.

### MACQUARIE UNIVERSITY BUDDY PROGRAM

The Macquarie University Buddy Program provides students with support and a point of contact to assist in your transition into uni life.

[students.mq.edu.au/buddies](https://students.mq.edu.au/buddies)



**TIP:** Interacting with others can help build your self-confidence and can make study easier.

## YOUR SRC

### WHO ARE THEY?

SRC stands for Student Representative Committee. The official definition of SRC is 'the University's peak consultative body for undergraduate and postgraduate students'.

The SRC is a student-led, non-political committee. Current students dedicate their time to make things happen for all students at Macquarie.

### WHAT DO THEY DO?

SRC members represent you on University committees, have input into University policy and get involved in on campus events and activities. Chat to SRC members if you have ideas or need to raise issues affecting students at Macquarie. The SRC also provides grants and funding to support students.

### CONTACT THE SRC

E: [src@mq.edu.au](mailto:src@mq.edu.au)

[mq.edu.au/src](https://mq.edu.au/src)



Macquarie University SRC



[mq\\_src](https://www.instagram.com/mq_src)



Student  
Representative  
Committee



## Student groups

Our student groups, clubs and societies are run for students by students. These groups are all about connections – join them at O Week or see [students.mq.edu.au/student-groups](https://students.mq.edu.au/student-groups) to find their contact details.



### SPECIAL INTEREST

- Acapella Society
- AnimeMQ
- Chess Society
- Climbing Society
- Dance Academy
- Debating Society
- DRAMAC
- Exchange Students Society
- Gaming Society
- Gaymer Gang
- Grapeshot
- Harry Potter Society
- KPOP Society
- Machining Society
- Martial Arts
- Music Society
- Musical Theatre Society
- Orbital
- Philanthropy Club
- Philosophy Society
- Photography Society
- Queer Collective
- Science Fiction & Fantasy Association
- Sustainability Society
- Swifties
- Symphony Orchestra
- Tabletop Society
- Women's Collective
- Writers@MQU



### RELIGIOUS AND SPIRITUAL

- Catholic Asian Students Society
- Catholic Society
- Christian Union
- Falun Dafa Club
- Fellowship of Overseas Christian University Students
- Hillsong on Campus
- Muslim Students Association
- Navigators



### CULTURAL

- Afghan Youth Association
- Armenian Students' Association
- Assyrian Society
- Cambodian Society
- Filipino Students Society
- Greek Association
- Indian Society
- Indigenous Students Association
- Indonesian Student Society (PIPA)
- Japanese Association
- Lebanese Association
- Los Latinos
- Nordic Society
- Overseas Vietnamese
- Pakistanis at Macquarie
- Pasifika Student Association
- Singapore Students Association
- Sikh Society
- Slavic Society
- Sri Lankan Student Society
- Taiwanese Students Association
- Tamil Sangam
- Vietnamese Students Association



### SPORTS

- AFL Club
- Cheerleading Club
- Cricket Club
- Dance Club
- Fencing Club
- Hockey Club
- MacAlpine Club
- Quidditch Club
- Rowing Club
- Rugby Football Club
- Rugby League Club
- Soccer Club
- Squash Club
- Swimming Club
- Table Tennis Club
- Ultimate Frisbee Club
- Volleyball Club
- Waterpolo Club



### PROFESSIONAL AND FACULTY

- 180 Degrees Consulting
- Accounting Students Association
- Actuarial Students Society
- AIESEC
- Ancient History Association
- Archaeology Society
- Association of Computing Students
- Automotive Society
- Business Analytics Club
- Business Society
- Chiropractic Students Association
- Clinical Science Society
- Economics Society
- Education Society
- Enactus
- Engineers Without Borders
- Entrepreneurship Club
- Geography and Planning Student Society
- Law Society
- Marketing Student Association
- Medical Science
- Medical Society (Postgrad)
- Medicine Society
- Physics and Astronomy Society
- Physiotherapy Society
- Psychology Society
- Robotics Club
- Rural Health Club
- Security Studies and Criminology Society
- Speed Team
- STEM Equity Alliance
- Surgical Society
- University Network for Investing and Trading
- Women Entering Business



### POLITICAL AND SOCIAL JUSTICE

- Effective Altruism
- Labor Club
- Model United Nations
- Nationals Society
- Socialists

#### DID YOU KNOW?

You can represent Macquarie in university competitions like Nationals, and compete against other unis. Find out more about our sport development at [students.mq.edu.au/uni-life/clubs-societies/sports](https://students.mq.edu.au/uni-life/clubs-societies/sports)



## Connect with your learning

Now that you've made connections outside the classroom, it's time to develop a plan to connect with your learning.

### PREPARATION IS THE KEY TO SUCCESS

**Read your unit guide** before you start classes.

It includes information about teaching staff, unit descriptions, learning outcomes, assessment tasks and due dates, required readings/textbooks, policies and procedures, and more. Find your unit guides in iLearn or at [unitguides.mq.edu.au](http://unitguides.mq.edu.au)



**Do any required reading before class** – Your iLearn unit will tell you what you need to read before class. Read and be prepared to connect and engage with this material in your classes. You'll be able to access your unit readings in iLearn, via Leganto, via MultiSearch, or in your textbook.

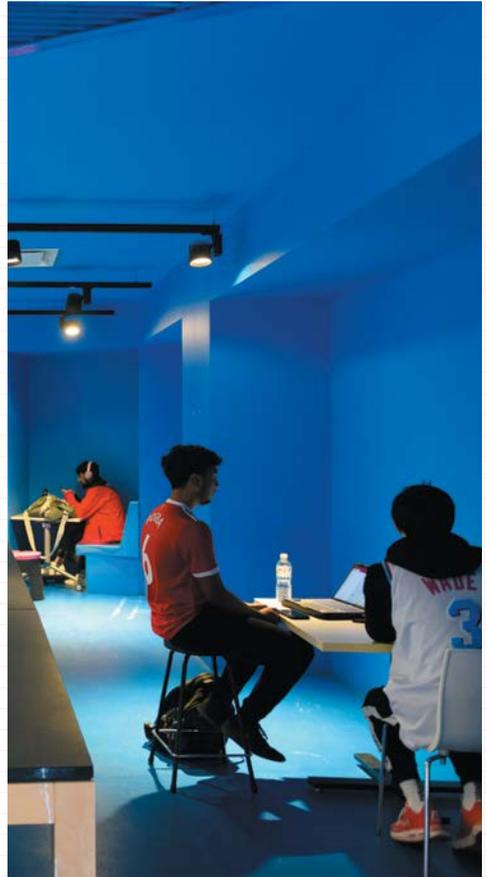
### STAY CONNECTED WITH YOUR LEARNING

**Check iLearn regularly** – daily or at least every second day. This is where your lecturer or tutor will communicate important information and announcements about things you need to know. [ilearn.mq.edu.au](http://ilearn.mq.edu.au)

**Check your student email regularly** to make sure you're up to date with any announcements and activities.



**TIP:** Keep on track by putting all your assessment due dates in the 'Get organised' section of this diary.



### CONNECT IN CLASSES

There are five main types of classes you'll attend, with lectures and tutorials being the most typical. Classes can be via Zoom, on campus or a mixture of both depending on what you have enrolled in and how your unit is taught.

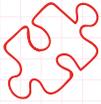
- 1 LECTURES**  
Lectures involve listening to information and content from a lecturer in a large group with many other students.
- 2 TUTORIALS**  
In tutorials, you discuss the content and information from the lecture with a small group of students.
- 3 SEMINARS**  
Seminars are a more interactive form of lecture.
- 4 PRACTICALS**  
Practicals are hands-on classes (eg lab experiments).
- 5 SMALL GROUP TEACHING ACTIVITIES (SGTA)**  
Can be a range of activities (depending on the unit) taught in small groups of students.



**TIP:** Check your timetable as some faculties have different class types than the ones listed here.



## STUDY AT UNIVERSITY



### NEW APPROACHES TO KNOWLEDGE

As knowledge is constantly developing, you'll join academic conversations and discuss ideas.



### CHALLENGE AND COMPLEXITY

You'll be introduced to complex real-life problems, requiring you to challenge yourself and stretch your thinking.



### A DIVERSE COMMUNITY

You'll meet students and staff from more than 140 countries. Mixing with people from other backgrounds, experiences and perspectives will help you to see the world in new ways.

WHAT'S IT LIKE?



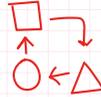
### NEW WAYS TO LEARN

You'll learn to reflect on your progress and growth, and take control of your own learning.



### WORK-READY TOOLS AND SKILLS

Your classes and assessments will introduce a variety of digital tools, conceptual frameworks and skills that you can apply to professional situations.



### CONTROL OVER YOUR LEARNING

Beyond class time, you'll be studying independently – allowing you to decide when and how you study.

WHAT WILL I DEVELOP?



### COLLECT POSITIVE EXPERIENCES

- Find activities you enjoy outside study – and keep them going.
- Help others. Find a buddy and study together.
- Volunteer and make a difference – big or small.



### BUILD MASTERY

- Continue to learn small skills. This will increase your confidence to learn and grow, even if the skills aren't related to your study.



### LEAN IN

- Don't be afraid to stretch yourself.
- Reframe your attitude to welcome challenge.
- Break down your challenge into actionable steps.



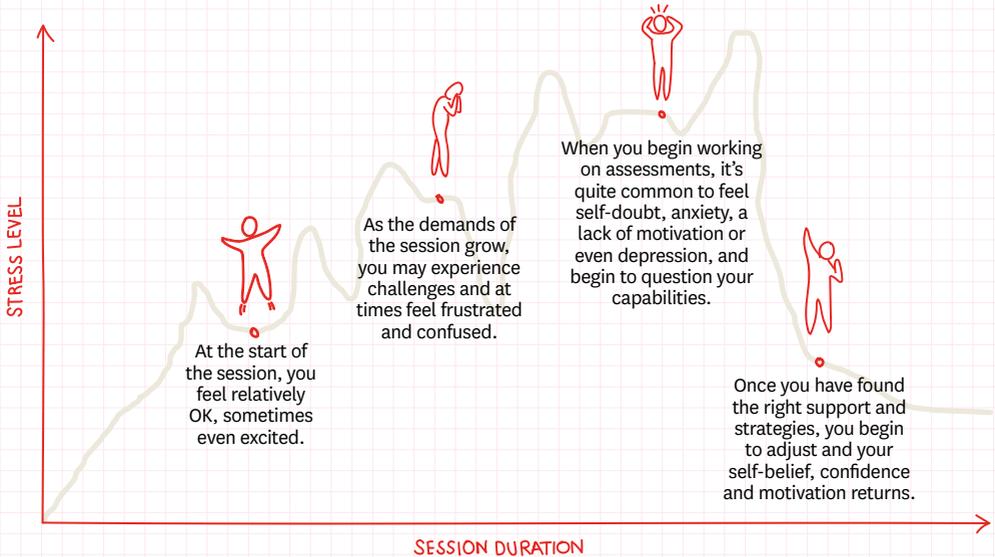
### COPE AHEAD

- Know where to get help and advice.
- Have a weekly check-up with yourself: How are you going? Any ways to work smarter?
- Be flexible: adapt your plans if needed.
- Be realistic about what you can achieve.

GET SET FOR STUDY SUCCESS

## Your learning journey

You could experience a roller-coaster of emotions during your studies that might look something like this:



**TIP:** See pages 21-24 for more information.

It's important to know that you're not alone and that there are many ways to overcome setbacks throughout your learning journey.

### TIPS FOR LEARNING SUCCESS

- 1 Be your own #STUDYBOSS** – Take charge of your study. Block out a fixed amount of study time and think of active, creative ways to keep your learning interesting.
- 2 Plan** – Set yourself a few SMART goals (specific, measurable, action-based, realistic, time-bound) to complete during your study session.
- 3 Get in the zone** – Start your study session by blocking out distractions, collecting anything you need (laptop, notebook and pen, playlist ...) and completing an easy task to help you settle in.
- 4 Stay connected with your classes** – Log in to iLearn regularly for the latest news via class announcements and discussion forums.
- 5 Read** – You'll probably be reading more on a screen. To stay focused, pick the best reading strategy for your task (skim, scan, study ...) and make notes of key points.
- 6 Connect, communicate and collaborate** – Sharing your knowledge is an effective way to learn and build your networks. Post your ideas and respond to your classmates via class discussion forums, webinars and group projects. Make sure your responses are respectful.

- 7 Search** – Access Library resources anywhere, anytime. Not sure how to start? Check out the Library's subject and research guides for your subject or chat online to a librarian [libguides.mq.edu.au](http://libguides.mq.edu.au)
- 8 Edit/proofread all your work** – Even an email to your lecturer or a discussion post should be respectful, professional and grammatically correct. Take time to read through your emails before you hit send. For longer assignments, use an editing/proofreading checklist to produce a professional document.



**TIP:** Use free Macquarie services – such as workshops and consultations – to improve your assignments. [students.mq.edu.au/support/study/writing](http://students.mq.edu.au/support/study/writing)

- 9 Get help early** – Connect with the free services available to analyse your task, find resources, or get feedback on your writing. Ask early so we have more time to help you get the best results.
- 10 Wrap up every study session** – Close off your study session with a quick review. How did your session go? Would another study strategy be more effective? Then head off for family time, exercise or something completely different.

## CONNECT WITH US

### THE WRITING CENTRE

The Writing Centre empowers you to reach your study and professional goals by developing your academic, communication, English language, and study skills.

[students.mq.edu.au/support/study/writing](https://students.mq.edu.au/support/study/writing)

### LIBRARY

Macquarie's Library has a range of services and resources to support your study. You can ask a librarian for help finding information or sources, or use the Library's online subject and research guides for researching, referencing and subject-specific information.

[mq.edu.au/library](https://mq.edu.au/library)

### NUMERACY CENTRE

The Numeracy Centre supports your maths and statistics skill development. You can drop in for free individual help for first-year units, access workshops and bridging/refresher courses via iLearn.

[students.mq.edu.au/numeracy-centre](https://students.mq.edu.au/numeracy-centre)

### WALANGA MURU TUTORIAL PROGRAM

Walanga Muru offers study support to our Aboriginal and Torres Strait Islander students. Dedicated staff members can help new students navigate their first year of study, with up to 20 hours available per student per unit (if you qualify).

[students.mq.edu.au/support/atsi-students](https://students.mq.edu.au/support/atsi-students)



### STUDENT WELLBEING

Student Wellbeing is here to support you and help you succeed, both academically and personally. They can connect you with medical, counselling, welfare and accessibility services and have dedicated wellbeing advisers who can help you navigate your options if your studies have been impacted and you need support.

[mq.edu.au/wellbeing](https://mq.edu.au/wellbeing)

### STUDYWISE

Use this resource to help with your assignments. Find out how to structure and write different types of assignments, and to research, plan and reference effectively. You can also see examples of authentic student writing for different types of assignments.

Find it in iLearn at [ilearn.mq.edu.au](https://ilearn.mq.edu.au)

### WRITEWISE

Connect with a peer writing leader – a Macquarie student trained to help you with academic writing, referencing or study strategies. Chat to them online at

[students.mq.edu.au/writewise](https://students.mq.edu.au/writewise)

### WE'RE ONLINE WITH (YOU)<sup>18</sup>

Download the free **MQ Wellbeing**, **My Legal Mate**, **Talk Campus** and **libMQ** apps.

Chat to us online at [mq.edu.au/library](https://mq.edu.au/library) and [students.mq.edu.au/service-connect](https://students.mq.edu.au/service-connect)

## Your 'firsts' and support networks

There will be many firsts at Macquarie, and for most of these, you'll be interacting with people online – during classes, via unit chat groups and email exchanges, in information sites and platforms (eg social media channels) and at online events with your new peers and friends.

### YOUR FIRST LESSON –

#### POSITIVE ONLINE COMMUNICATION

We expect you to always treat others with respect and not to act in a way that stops others from participating or enjoying their uni experience.



**TIP:** Before you do something online, ask yourself, 'Would I do or say the same thing in person?' If the answer is no, then it's not something for online either.

### MANAGE YOUR COMMUNICATION ONLINE BY:

#### ① ASKING RESPECTFULLY

Word your comments clearly, and don't overwhelm your reader with unnecessary background information.

#### ② READING IN CONTEXT AND NOT RESPONDING INSTANTLY

When you read a forum post or an email reply that seems offensive or upsetting, don't react immediately. It may simply have been written in a hurry or without attention. Take a moment to think about the issue and get perspective, and respond when you're feeling calmer.

#### ③ WRITING CAREFULLY

Communication in a face-to-face setting includes your words, tone of voice, facial expressions and body language. These physical cues are missing when we communicate online, which makes it difficult to express humour, irony, sarcasm, disagreement or frustration in an online discussion or blog post. Use language thoughtfully in online communication, and take care to write responsibly and clearly.

#### ④ ACTIVELY LISTENING

Active listening can help you to participate effectively in online classes and tutorials, especially in breakout spaces. Demonstrate respect for your classmates by asking questions and offering responses, as if you were in a face-to-face setting.

#### ⑤ MANAGING CONFLICT WELL

Resolve online disagreements by practicing positive communication: Explain your position clearly, take responsibility for your actions, prioritise finding a solution and be prepared to compromise with others. If you're experiencing conflict online, don't continue it in a public space, such as chat or online group environments, as this invites other people into the discussion and can make the situation worse. Move to one-on-one communications such as email or private chat.



### YOUR FIRST ASSESSMENT AND EXAMS

These can be stressful particularly if you suffer from poor time management and blindness.

#### DO YOU TEND TO ...

- miss deadlines?
- arrive late or not at all?
- not follow through on what you intended or promised to do?
- lose track of where the time went?
- not plan for future events and deadlines?



If you ticked some of these boxes, you might be experiencing time blindness. This means you may have difficulty managing tasks and events further ahead in time or, despite your best intentions, leave things to the last minute.

Managing your poor time management is finding the support and strategies that allow you to adjust and grow over the session. Once you balance all the demands in your life, you'll notice positive effects that help you to work smarter, not harder.

Check out our time management module to set yourself up with the great study habits!

[ilearn.mq.edu.au/user/index.php?id=66762](https://ilearn.mq.edu.au/user/index.php?id=66762)

## THIS DIARY SHOULD BE PART OF YOUR STRATEGY



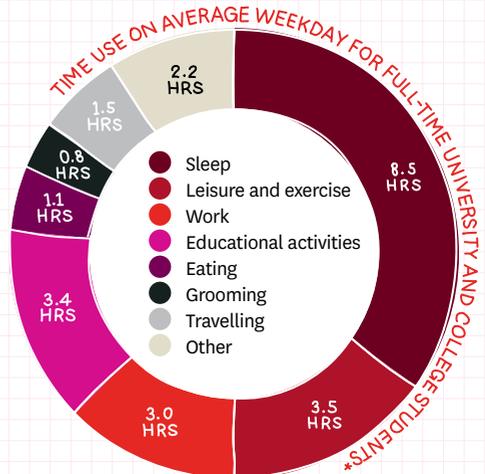
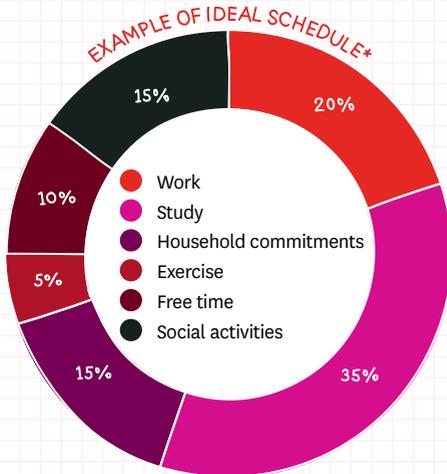
Schedule in your weekly activities and find time to complete specific tasks.



Write down daily to-do lists and prioritise what needs to be done.



Set monthly goals for different parts of your life – study, exercise, socialising, Netflix binging, etc.



\*Sample breakdowns from Wellbeing WISE, available on iLearn

### TOOLKITS

Discover your support networks.

#### FEELING OVERWHELMED AND/OR ISOLATED?

Take time for yourself. Try relaxation techniques or breathing exercises to reduce symptoms of stress. Go for a short walk or catch up with a friend.

Surround yourself with supportive family members and friends, or speak to someone you trust about how you're feeling.

For online resources and more support, Student Wellbeing offer free and confidential services. [mq.edu.au/wellbeing](https://mq.edu.au/wellbeing)

#### NOT UNDERSTANDING THE CONTENT OR QUESTION?

Speak to your lecturer or tutor if you have questions about unit content or the academic expectations. You can also speak to the Writing Centre to discuss your assignment question or study issues.

[students.mq.edu.au/support/study/writing](https://students.mq.edu.au/support/study/writing)

#### NOT GETTING ASSIGNMENTS DONE ON TIME OR MISSED AN ASSESSMENT/EXAM?

You may be eligible to apply for an extension if you experience a circumstance that is serious and unavoidable. You'll need to follow the special consideration process.

[students.mq.edu.au/special-consideration](https://students.mq.edu.au/special-consideration)

#### ARE YOU SICK OR UNWELL?

Rest and get well – you can catch up on what you miss by reviewing lecture materials online or asking one of your classmates if they can share their notes with you. If you miss more than a week, you should ask your lecturer or tutor for advice on how to get back on track.

If you miss a compulsory class, you might need appropriate evidence such as a medical certificate. You can get one from our on campus GP Clinic:

**T:** (02) 9812 3944 or make an appointment online at [mqhealth.org.au/gp](https://mqhealth.org.au/gp)



#### JUST NEED HELP? CONTACT SERVICE CONNECT

Online self-service is available at [ask.mq.edu.au](https://ask.mq.edu.au)  
Live chat at [students.mq.edu.au/service-connect](https://students.mq.edu.au/service-connect)

Ground Floor, 18 Wally's Walk (18WW)  
**T:** (02) 9850 6410

## Support services

We've told you about many of the learning, peer and financial support services already, but there are some more you may need to know about.



### ACCESSIBILITY

The Accessibility Service provides appropriate adjustments and support to students with a disability/health condition, as well as carers of people with a disability. Our service enables access to a student's chosen course and promotes participation and success in the full university experience.

[students.mq.edu.au/accessibility-services](https://students.mq.edu.au/accessibility-services)



### ADVOCACY

Student Advocacy helps students understand and navigate our policies and procedures, and are a great source of advice.

[students.mq.edu.au/student-advocacy](https://students.mq.edu.au/student-advocacy)



### CHILD CARE

We have a range of high-quality, innovative childcare programs and services. Four childcare services are available on campus: Mia Mia Child and Family Study Centre, Banksia Cottage, Gumnut Cottage and Waratah Cottage.

[students.mq.edu.au/child-care](https://students.mq.edu.au/child-care)



### COUNSELLING, WELFARE AND EMERGENCY CARE

Student Wellbeing offers a range of psychological and welfare support including free online resources, counselling, welfare, emergency care and referral to external providers. Student Wellbeing is located at Australian Hearing Hub, 16 University Avenue.

[mq.edu.au/wellbeing](https://mq.edu.au/wellbeing)

**TIP:** You can request a check-in for yourself (or a friend) from one of our Wellbeing Advisors. They're a friendly team who can help you find support and assistance for your physical and mental wellbeing. Make a request through the Student Care and Reporting Network: [mq.edu.au/support/care-reporting](https://mq.edu.au/support/care-reporting)



### COURSE GUIDANCE

Use our Course Guidance form to help you understand and plan your studies to make sure you're on the right path. You may also ask questions regarding course changes, or academic standing using this form.

[students.mq.edu.au/course-guidance](https://students.mq.edu.au/course-guidance)



### LGBTIQA+

Macquarie supports LGBTIQA+ students and works to provide a safe and inclusive environment for all students. Visit the Queer Room on, Ground Floor, 18 Wally's Walk, or connect with our Ally Network to find out about events and support on campus [students.mq.edu.au/sexual-gender-diversity](https://students.mq.edu.au/sexual-gender-diversity)

If you have a concern or question about LGBTIQA+ support on campus, contact Student Diversity and Inclusion at [respect@mq.edu.au](mailto:respect@mq.edu.au). Support off campus is available via QLife [qlife.org.au](https://qlife.org.au).



### SCHOLARSHIPS AND FINANCIAL SUPPORT

Macquarie offers student scholarships to recognise financial need or hardship, academic excellence, sporting achievements, and outstanding character. Financial assistance, by way of loans and grants, is also available to students who have difficulty meeting basic living expenses or need help with study fees.

[students.mq.edu.au/scholarships](https://students.mq.edu.au/scholarships)



### SPIRITUAL SUPPORT

The Chaplaincy service provides religious and spiritual resources through one-on-one sessions and group activities for students of all faiths on campus. There is also a Multi Faith prayer room located on the Basement Level, 8 Sir Christopher Ondaatje Avenue.

[students.mq.edu.au/support/personal/spiritual](https://students.mq.edu.au/support/personal/spiritual)



### WALANGA MURU

Walanga Muru provides support to Aboriginal and Torres Strait Islander students, including academic advice, enrolment support, tutoring and more. Walanga Muru also provides recreational and study spaces specifically for our Indigenous students.

[students.mq.edu.au/support/atsi-students](https://students.mq.edu.au/support/atsi-students)



# CAREERS STUDENT EXPERIENCE MAP



GET EMPLOYED

For more advice and information on your career journey at Macquarie, see [students.mq.edu.au/careers](https://students.mq.edu.au/careers)





## Planning your future

Developing a career plan helps you to define your future career path and take charge of your own skill development. A career plan will also give you a sense of direction and purpose to your studies.

### YOU CAN PLAN FOR YOUR FUTURE IN FOUR STEPS:

#### ① UNDERSTAND YOURSELF

Know your values, interests, personal attributes and skills (VIPS). This will help you make informed career decisions and improve the likelihood of career satisfaction.

#### ② RESEARCH YOUR OPTIONS

Use self-assessment tools to identify and research careers you may be interested in. As you search, think about:

- work-life balance
- qualifications, certifications, registrations
- industry culture and players
- growth areas
- scope for professional development
- potential employers
- rewards and benefits
- career and employment prospects
- industry recruitment practices.

#### ③ GET INVOLVED AND GET EXPERIENCE

The best way to learn about an industry or occupation is by trying it out. Try asking someone working in the industry or in the job you want for information about their own career path. Or try an internship.

Start building your professional networks at uni – many of our student groups and extracurricular programs are a great way to do this.

#### ④ SET CAREER GOALS

Make an action plan with short-term and long-term goals to help keep you focused and moving towards a career in your chosen field. The key to good career planning is to be **SMART**:

- **Specific** – make your objectives clear and easy to understand.
- **Measurable** – set time frames for each objective and ensure these are achievable and reasonable.
- **Action-based** – be realistic and don't make your goals too complex. Don't tackle something too big. Keep them simple, easy to understand and follow through with.
- **Realistic** – consider other commitments and make sure you're not expecting too much of yourself by striving for the impossible.
- **Time-bound** – consider short-term vs long-term goals. Short-term goals are quick, simple activities such as identifying your skills, updating your résumé or attending a workshop. Long-term goals are ultimate career goals – they set your ultimate direction.

Once you've got a plan, act on it and make adjustments for each stage of your studies.



**TIP:** You have free and unlimited access to Employability Connect – an online portal that is full of resources, online tools, job opportunities, and events and activities. [goto.mq/ec](http://goto.mq/ec)

## Gaining experience and skills development

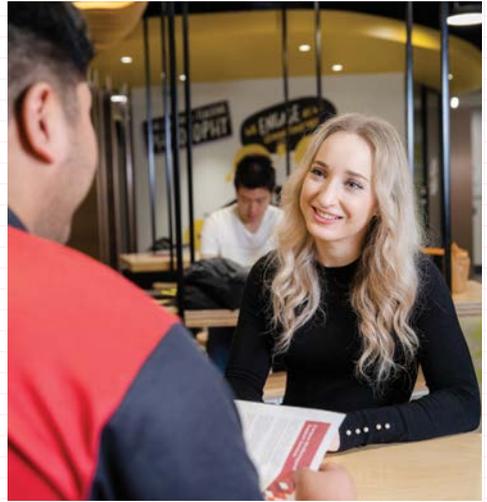
Gaining professional experience as early as possible in your studies will help you to stand out from the crowd.

### START BUILDING YOUR EXPERIENCE EARLY TO:

- become job-ready
- develop as a well-rounded graduate and maximise your employability
- decide if the role or industry is a good fit for your VIPS
- acquire technical, practical or interpersonal skills
- highlight your employability skills and achievements on job applications
- build your network and industry contacts
- practice and improve your English language skills.

**When considering work experience, degree-relevant experience is the most valuable. We recommend the following:**

- curricular activities – such as PACE (Professional and Community Engagement) or your capstone unit
- co-curricular activities – Study Abroad and Exchange at a partner university
- extracurricular activities – such as the GLP (Global Leadership Program) and volunteering on campus with student groups, peer mentors and student leadership roles
- internships – may be part of your course, or you can find paid roles on Employability Connect
- interdisciplinary and innovation competitions – a chance to also build collaboration and teamwork skills
- paid casual employment – this is highly valued as you can develop employability skills and demonstrates you can balance your work and study commitments.



### WE'RE HERE TO HELP

Our **Career and Student Employment** is designed to help you explore your options, build your employability skills and work with you to make career decisions.

### WE OFFER:

- workshops and career consultations – book online through Employability Connect
- career events throughout the year – such as fairs, industry expert presentations and seminars
- exclusive access to online tools such as MyMQ Career Zone and Resume Builder CV360, which checks your résumé and gives you tailored feedback
- MQ Student Employment team that helps place you in a job.



**TIP:** These are all free and available to you at anytime while studying at Macquarie and up to 18 months after you graduate.

### POLISH YOUR INTERVIEW SKILLS

**Interview360** is an artificial intelligence powered online interview training tool. This online tool gives you feedback on your online interview skills and set-up. It will tell you if you:

- use too many filler words such as 'uh', 'um', 'well'
- look sad, happy, confident, etc
- don't have good quality sound or visuals.

And it's free for you to use. Access Interview360 at [students.mq.edu.au/interview360](https://students.mq.edu.au/interview360)

### BONUS

Upload your CV in Employability Connect. This means that the Macquarie Student Employment team can actively search and match your skills to advertised jobs.



## YOUR CAREER CHECKLIST

### BE PROACTIVE AND START TODAY

- Build your résumé and cover letter in MyMQ Career Zone.
- Review your résumé with CV360.
- Explore career and employability resources and online tools in Employability Connect.
- Register with Macquarie Student Employment.
- Search for jobs and PACE opportunities on Employability Connect.
- Attend a workshop to build your employability skills and gain industry knowledge.
- Volunteer to help others and build your experience.
- Complete the Global Leadership Program (GLP).
- Apply for internships and work integrated learning opportunities – employers look to build a talent pipeline early.
- Invest time wisely in extra and co-curricular activities such as student groups and career development programs – Skills Development Program (SDP) and Professional Development Program (PDP).
- Join the Macquarie Employability Connect Facebook group to stay up to date on jobs and events.



**TIP:** Make good use of the expert coaches in Career and Student Employment – book a coaching session or join employer presentations. [libguides.mq.edu.au/linkedinlearning](http://libguides.mq.edu.au/linkedinlearning)



The world of work is changing, and everyone is talking about employability and skills development but what does it actually mean?

Employability is described as the skills, knowledge and attributes which makes students and graduates more likely to gain employment and also more likely to adapt and change as career goals progress and the world of work shifts.

Employability skills, also called transferable skills, are those skills that are used in every job, no matter the position title or the field.

From day one at Macquarie, you will have opportunities to become a well-rounded and employable graduate.

### MQ EMPLOYABILITY SKILLS GUIDE

The first step to a rewarding career is to identify what employers are looking for.

We have identified a set of 15 employability skills that are currently in demand by industry leaders:

- 1 Communication (written and spoken)
- 2 Critical thinking
- 3 Leadership and influence
- 4 Organisational skills
- 5 Data literacy
- 6 Problem solving
- 7 Teamwork
- 8 Self-awareness
- 9 Digital and information literacy
- 10 Creativity and innovation
- 11 Relationship management
- 12 Growth and adaptive mindset
- 13 Inclusive mindset
- 14 Career development
- 15 Global citizenship

By developing your employability skills, you will improve your professional profile and become what employers are looking for! All you will need to do is follow these 4 easy steps:



Perform a skills self-assessment



Get familiar with the MQ employability skills



Evidence your skills



Articulate your skills

### ARE YOU AN INTERNATIONAL STUDENT? ARE YOU A GRADUATE RESEARCH STUDENT?

There are specific resources and information for you in Employability Connect so make sure you take the time to look around. [goto.mq/ec](http://goto.mq/ec)

## Get career-ready with (YOU)<sup>US</sup>

Macquarie has amazing programs to boost your employability and get you career-ready. Explore these options and know when they best fit into your career plan. Find out more at [students.mq.edu.au/careers/get-ready](https://students.mq.edu.au/careers/get-ready)

### CAREER DEVELOPMENT PROGRAMS

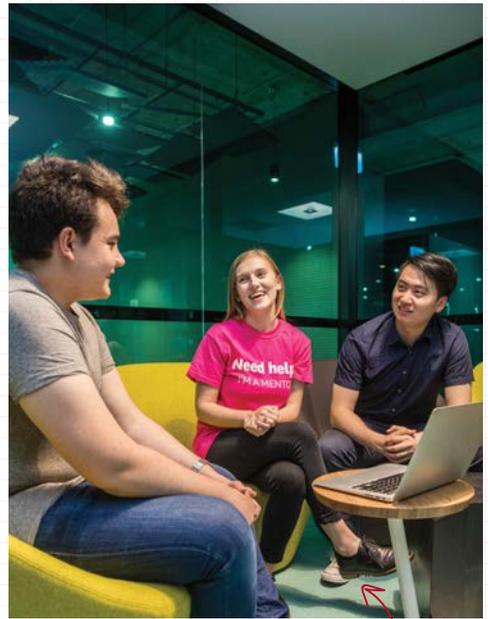
For students wanting to dig deeper into career management skills and learn from other students, career development programs such as the Skills Development Program (SDP) and Professional Development Program (PDP) are the way to go. Interact with career coaches and get practical experience that is recognised with a micro-credential badge. In 2023, the Career Exploration Program will be offered for the first time.

[students.mq.edu.au/careers/professional-development-program](https://students.mq.edu.au/careers/professional-development-program)

### PACE EXPERIENCE

PACE stands for Professional and Community Engagement, and this multi-award-winning program engages you in real-world learning activities with organisations across Australia and the globe. PACE will give you the all-important practical experience employers are looking for.

[mq.edu.au/pace](https://mq.edu.au/pace)



### GLOBAL LEADERSHIP PROGRAM (GLP)

The GLP can be undertaken alongside any course at Macquarie. With a focus on cross-cultural understanding, leadership, international issues, innovation and entrepreneurship, the GLP provides you with the knowledge, skills and networks you'll need to advance in your professional and personal life.

[mq.edu.au/glpl](https://mq.edu.au/glpl)



### VOLUNTEERING

Volunteering as a Peer Mentor, a student group executive or a student representative/leader involves you in programs that benefit the University and wider community while adding to your experience and personal growth. Help others, make new connections and develop skills and experience that you can't get anywhere else.

[students.mq.edu.au/uni-life/leadership](https://students.mq.edu.au/uni-life/leadership)

### MACQUARIE UNIVERSITY CADETSHIP PROGRAM (NANGA MAI)

Nanga Mai offers a unique opportunity for Macquarie's Aboriginal and Torres Strait Islander students to gain paid practical work experience that is relevant to their course and in their chosen field of study. This program allows students to complete work placements across corporate, not-for-profit and community organisations, such as ANZ, the Redfern Legal Centre and Johnson & Johnson Medical. [students.mq.edu.au/careers/information/atsi-students](https://students.mq.edu.au/careers/information/atsi-students)

### MACQUARIE UNIVERSITY INCUBATOR

The Macquarie University Incubator has created entrepreneurship programs that train and nurture innovation and support the growth and success of impactful solutions to the world's problems. Join a supportive community that encourages collaboration and commercialisation, helping people turn their ideas into a tangible asset. Be the spark. Be the change.

[mq.edu.au/incubator](https://mq.edu.au/incubator)

## Finding and applying for jobs

The **Macquarie Student Employment team (MQSE)** assists you to get **job-ready** – making sure your resume, cover letter and interview skills are up to scratch before you apply for jobs. You will be connected to employers seeking to recruit student talent into paid positions. You'll also be actively coached and given constructive feedback throughout the recruitment process.

### BENEFITS OF MACQUARIE STUDENT EMPLOYMENT



Find and apply for paid positions that are specifically seeking Macquarie students or recent graduates



Get advice and feedback from our highly experienced talent advisors and recruitment specialists



Take advantage of employer presentations that will give you insights into advertised roles



Participate in recruitment processes and become familiar with a range of different selection techniques used by employers



Join the Job Ready Club so you can apply for jobs with confidence

For more information, see [students.mq.edu.au/careers/student-employment-service](https://students.mq.edu.au/careers/student-employment-service)

### MQSE RECRUITS FOR ALL TYPES OF ROLES INCLUDING:

- **Casual jobs** that fit while you are studying
- **Part-time jobs** that you can commit to longer term
- **Contract roles** or limited-term roles that can offer holiday work or work experience in your chosen career field
- **Permanent roles** for those studying part-time or for our graduates who are ready to launch
- **Internships**
- **Graduate programs**

For more info on Macquarie Student Employment and the Job Ready Club, head to Employability Connect.

## FINDING JOBS

There are so many places and ways to find jobs, but it can be overwhelming to find the best places to go to maximise your chances of landing your dream job.

Employability Connect is the best place to start because there are three jobs boards:

- Careers Jobs Board – for all available jobs
- Macquarie Student Employment – let us help you land a job
- PACE Opportunities – internships relevant to your PACE experience

We partner with employers to share jobs and most relevant for students and graduates.

Roles advertised on the Careers and Macquarie Student Employment Job Boards are paid opportunities, and employers have been reviewed to ensure credibility. Start your job search in Employability Connect or book in to attend a Job Search Skills Workshop with the Careers and Student Employment team.



**TIP:** Working while studying has many benefits. Regardless of the type of work you do now, you'll build valuable professional skills to make you more employable in the future.

## FIND A JOB

On campus, you might see jobs available through:

- Macquarie Student Employment recruits for on-campus roles such as and Service Connect casual staff and Student Ambassadors – [students.mq.edu.au/careers/looking/student-employment-service](https://students.mq.edu.au/careers/looking/student-employment-service)
- Campus Life is looking to fill roles at MUSAC, childcare centres and food and beverage outlets such as Ubar – [mq.edu.au/campus-life/work-with-us](https://mq.edu.au/campus-life/work-with-us)
- Working at the University is where you'll find academic and professional staff roles at Macquarie – [jobs.mq.edu.au](https://jobs.mq.edu.au)

For current graduate employment programs and internships, you can use:

- Macquarie University Careers Directory – [mq-careersguide.prosple.com](https://mq-careersguide.prosple.com)
- GradConnection – [au.gradconnection.com](https://au.gradconnection.com)

The top general job websites you can use are:

- SEEK – [seek.com.au](https://seek.com.au)
- Indeed – [au.indeed.com](https://au.indeed.com)
- LinkedIn Job Search – [au.linkedin.com/jobs](https://au.linkedin.com/jobs)
- CareerOne – [careerone.com.au](https://careerone.com.au)
- Australian JobSearch – [jobsearch.gov.au](https://jobsearch.gov.au)
- Glassdoor – [glassdoor.com.au](https://glassdoor.com.au)



## Your next steps

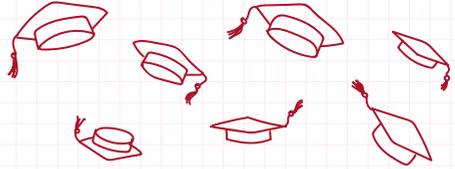
### GRADUATION

It's what you've been working towards – finishing your degree and getting the piece of paper that represents years of your life dedicated to learning. We know you're super excited about the graduation ceremony and celebrating your amazing achievement with your family and friends. For more information, see [students.mq.edu.au/graduation](https://students.mq.edu.au/graduation)

#### IS IT YOUR FINAL YEAR OF STUDY?

In your final session, don't forget to submit your 'I expect to complete' form via [ask.mq.edu.au](https://ask.mq.edu.au). This means your record is checked for eligibility to graduate.

For questions, chat to Service Connect at [students.mq.edu.au/service-connect](https://students.mq.edu.au/service-connect)



### APPLYING FOR JOBS

Applying for jobs can be a job in itself – you need to put together your résumé, a cover letter or selection criteria responses tailored to each job, and you need to understand exactly what employers are looking for.

Submitting multiple applications without getting interviews can be disheartening, but our Career and Student Employment team can help.

They provide advice on job search strategies, preparing for interviews or assessment centres, and run several programs to increase your employability.

Find out more at [students.mq.edu.au/careers](https://students.mq.edu.au/careers)

**TIP:** There's a range of industry-specific and career preparation/research websites you can use to find roles too. See the full list at [students.mq.edu.au/careers/looking/job-websites](https://students.mq.edu.au/careers/looking/job-websites)



### MACQUARIE UNIVERSITY IS RECOGNISED GLOBALLY AS A LEADING UNIVERSITY FOR EMPLOYABILITY:

#### RANKED #9

in Australia for employability  
(QS Graduate Employability Rankings, 2022)



#### AUSTRALIA'S BEST EMPLOYABILITY PROGRAM:

Bachelor of Arts (2020 AFR Higher Education Award)

#### TOP 100 IN THE WORLD

for employability (QS Graduate Employability Rankings, 2022)

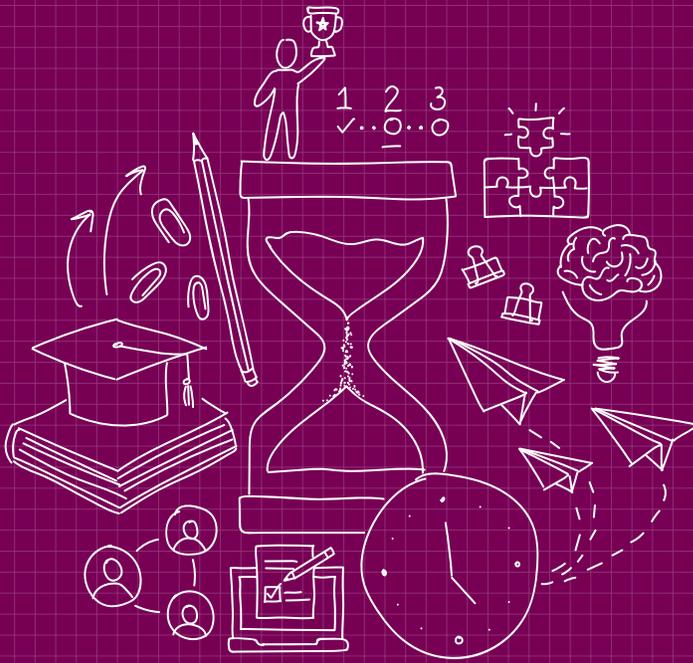
### HAVE YOU THOUGHT ABOUT A CAREER IN RESEARCH?

- Are you a naturally curious person?
- Do you enjoy finding out more about things that interest you?
- Do you enjoy finding solutions for national and global challenges?
- Do you want more from your study?



If you answered yes to any of these questions, then a career in research might be just what you need.

Explore your options at [mq.edu.au/research](https://mq.edu.au/research)



# GET ORGANISED

**Key dates**

**Yearly overview**

**Time management**



## GETTING ORGANISED IS ALL ABOUT PRIORITIES

There is a lot to balance while you are studying. If you're anxious or frustrated because you often complete study- or assignment-related tasks at the last minute, it could be that these **high-value activities** are lost in a schedule crammed full of **lower-value** tasks.

Try the **Eisenhower Priority Matrix** tool to help you rank the **relative importance** and **time sensitivity** of activities in your weekly schedule. And make sure you use this diary! Find out more: [bit.ly/3RZcx17](https://bit.ly/3RZcx17)

The Academic Progression and Self Guidance Tool has been created to help you find the support you need based on the challenges you are facing. Find out more: [bit.ly/3SUyleq](https://bit.ly/3SUyleq)

## THE PRIORITY MATRIX FOR STUDY

HOW DOES THE PRIORITY MATRIX WORK?

IMPORTANT  
AND  
URGENT

IMPORTANT  
NOT  
URGENT

### TOP PRIORITY: DO THEM NOW

- Finalise your daily schedule
- Identify projects with deadlines
- Complete assignments due today
- Review readings for this afternoon's class
- Help a friend with an assignment

### SCHEDULE THESE IN YOUR DIARY

- Schedule activities for assignments due later on
- Consider what key skills will be useful
- Undertake exam revision
- Identify new opportunities

### DELEGATE (HAND OVER) ACTIVITIES THAT SOMEONE ELSE COULD DO BETTER THAN YOU

- Ask another group member to create the PowerPoint for the assignment (if you're not good at PowerPoint)

### AVOID ACTIVITIES THAT DON'T RELATE TO STUDY OR THAT DON'T HELP YOUR LEARNING

- Avoid this 'procrastination zone'
- Don't make your lecture notes look 'pretty'
- Don't read articles or websites not relevant to your study topic

URGENT  
NOT  
IMPORTANT

NOT  
URGENT OR  
IMPORTANT



# KEY DATES

## 2023 SESSION ACADEMIC CALENDAR

For students undertaking most undergraduate and postgraduate coursework degrees, including Open Universities Australia (OUA)

	Session 1	Session 2	Session 3
<b>Kick Start week</b>	13 February		
<b>Orientation</b>	20 February	17 July	11 December
<b>Classes Start</b>	20 February	24 July	11 December
<b>Last date to enrol via eStudent</b>	5 March	6 August	17 December
<b>Census date (Teaching census)</b>	17 March	18 August	21 December
<b>Mid-session break (Recess)</b>	10 April – 21 April	11 September – 24 September	25 Dec – 1 Jan 2024
<b>Last withdrawal without fail</b>	28 April	28 September	28 December
<b>Classes resume</b>	24 April	25 September	2 January 2024
<b>Classes end</b>	4 June	5 November	21 January 2024
<b>Examinations</b>	5 June – 23 June	6 November – 24 November	22 Jan 2024 – 29 Jan 2024
<b>Results</b>	6 July	7 December	8 February 2024

## 2023 – 4 TERM ACADEMIC CALENDAR

For students undertaking postgraduate coursework degrees at the Macquarie Business School

	Classes	Last date to enrol	Census date	Last withdrawal without fail	Examinations	Results
<b>Term 1</b>	9 January	15 January	25 January	3 March	20 Mar – 26 Mar	12 Apr
<b>Term 2</b>	3 April	9 April	19 April	26 May	13 Jun – 18 Jun	5 Jul
<b>Term 3</b>	26 June	2 July	12 July	18 August	4 Sep – 10 Sep	27 Sep
<b>Term 4</b>	18 September	24 September	4 October	10 November	27 Nov – 3 Dec	20 Dec

## 2023 – 6 TERM ACADEMIC CALENDAR

For students undertaking courses through the online Global of Master of Business Administration (GMBA) and Macquarie University College

### GMBA

	Classes	Last date to enrol	Census date	Last withdrawal without fail	Results
<b>Online 1</b>	9 January	6 January	18 January	25 January	8 March
<b>Online 2</b>	6 March	3 March	15 March	22 March	3 May
<b>Online 3</b>	1 May	28 April	10 May	17 May	28 June
<b>Online 4</b>	26 June	23 June	5 July	12 July	23 August
<b>Online 5</b>	21 August	18 August	30 August	6 September	18 October
<b>Online 6</b>	16 October	13 October	25 October	1 November	13 December

### MACQUARIE UNIVERSITY COLLEGE

	Classes	Last date to enrol	Census date	Last withdrawal without fail	Examinations	Results
<b>Term 1</b>	6 February	5 February	21 February	3 March	20 Mar – 24 Mar	30 March
<b>Term 2</b>	3 April	2 April	18 April	28 April	15 May – 19 May	25 May
<b>Term 3</b>	29 May	28 May	13 June	23 June	10 Jul – 14 Jul	20 July
<b>Term 4</b>	31 July	30 July	15 August	25 August	11 Sep- 15 Sep	21 September
<b>Term 5</b>	3 October	1 October	17 October	27 October	13 Nov – 17 Nov	23 November
<b>Term 6</b>	4 December	3 December	19 December	5 January 2024	22 Jan – 26 Jan 2024	1 Feb 2024

# YEAR PLANNER

## FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

## MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## JULY

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

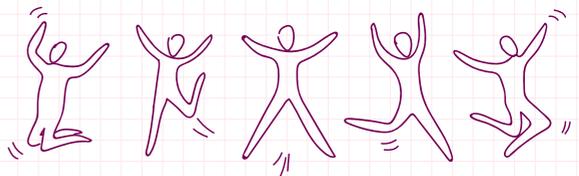
### STUDY PERIODS\*

Session 1 starts: 20 February

Session 2 starts: 24 July

Session 3 starts: 11 December

\*Some courses have different study periods, refer to the key dates.



- Kick Start week
- Classes start
- Last date to enrol via eStudent
- Classes resume

- Classes end
- Census date (Teaching census)
- Mid-session break (Recess)
- Examinations

- Orientation
- Last withdrawal without fail
- Results
- Public Holidays

### APRIL

### MAY

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
						1		1	2	3	4	5	6
2	3	4	5	6	7	8	7	8	9	10	11	12	13
9	10	11	12	13	14	15	14	15	16	17	18	19	20
16	17	18	19	20	21	22	21	22	23	24	25	26	27
23	24	25	26	27	28	29	28	29	30	31			
30													

### AUGUST

### SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

### DECEMBER

### JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30	31			
31													

#### AUSTRALIAN PUBLIC HOLIDAY 2023

Sunday 1 January – New Years Day (Monday 2 – additional public holiday)  
 Thursday 26 January – Australia Day  
 Friday 7 April – Good Friday  
 Saturday 8 April – Easter Saturday  
 Sunday 9 April – Easter Sunday

Monday 10 April – Easter Monday  
 Tuesday 25 April – Anzac Day  
 Monday 12 June – Queen’s Birthday  
 Monday 2 October – Labour Day  
 Monday 25 December – Christmas Day  
 Tuesday 26 December – Boxing Day

# FEBRUARY GOALS

“If you can't figure out your purpose,  
figure out your passion ... your passion will  
lead you right into your purpose.”

(Bishop TD Jakes)

# STUDENT DEALS



**1 Day access pass**  
at Macquarie University  
Sport and Aquatic Centre

**Present this coupon  
to staff on arrival  
to claim your offer.**



**10% off any hoodie**  
at MacShop  
(in store only)

**Present this coupon  
to staff on arrival  
to claim your offer.**



**50% off any pizza**  
at Ubar



**\$1 regular coffee**  
at Wally's Coffee & Toasties



**25% off for  
any meal purchase**  
at ESC





## STUDENT DEALS



SAVINGS

WOO-HOO!



---

### 1 DAY ACCESS PASS AT MACQUARIE UNIVERSITY SPORT AND AQUATIC CENTRE

Valid for one day access at Macquarie University Sport and Aquatic Centre

Must use voucher to redeem offer

Offer expires 28 February 2023

Not to be used in conjunction with any other offer

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

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### 10% OFF ANY HOODIE AT MACSHOP (IN STORE ONLY)

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 29 September 2023

Not to be used in conjunction with any other offer

Not available for online purchases

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

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### 50% OFF ANY PIZZA AT UBAR

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 31 December 2023

Not to be used in conjunction with any other offer

Not available for online or catering purchase

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

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### \$1 REGULAR COFFEE AT WALLY'S COFFEE & TOASTIES

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 31 December 2023

Not to be used in conjunction with any other offer

Not available for online or catering purchase

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

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### 25% OFF FOR ANY MEAL PURCHASE AT ESC

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 31 December 2023

Not to be used in conjunction with any other offer

Not available for online or catering purchase. Max discount value \$20

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

# FEBRUARY

WED 1

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THU 2

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FRI 3

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SAT 4

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SUN 5

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MON 6

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TUE 7

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WED 8

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THU 9

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FRI 10

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SAT 11

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SUN 12

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MON 13

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TUE 14

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WED 15

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THU 16

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FRI 17

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SAT 18

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SUN 19

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MON 20

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TUE 21

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WED 22

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THU 23

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FRI 24

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SAT 25

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SUN 26

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MON 27

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TUE 28

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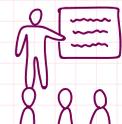
KICKSTART  
WEEK  
13 Monday



VALENTINE'S  
DAY  
14 Tuesday



MARDI  
GRAS  
17 Friday – 5 Sunday



SESSION 1  
CLASSES START  
20 Monday

# January/February

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30  
Monday

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31  
Tuesday

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1  
Wednesday



# February

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2

Thursday

3

Friday

4

Saturday

5

Sunday

# February

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6  
Monday

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7  
Tuesday

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8  
Wednesday

# February

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Thursday

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Friday

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Saturday

12

Sunday

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# February

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13

Monday

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14

Tuesday

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15

Wednesday

# February

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16

Thursday

17

Friday

18

Saturday

19

Sunday

# February

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20

Monday

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21

Tuesday

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22

Wednesday

# February

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23

Thursday

24

Friday

25

Saturday

26

Sunday

# MARCH GOALS

“Have no fear of perfection; you’ll never reach it.”  
(Marie Curie)



# MARCH

WED 1

THU 2

FRI 3

SAT 4

SUN 5

MON 6

TUE 7

WED 8

THU 9

FRI 10

SAT 11

SUN 12

MON 13

TUE 14

WED 15

THU 16

FRI 17

SAT 18

SUN 19

MON 20

TUE 21

WED 22

THU 23

FRI 24

SAT 25

SUN 26

MON 27

TUE 28

WED 29

THU 30

FRI 31



AUTUMN  
1 March – 31 May



CLEAN UP  
AUSTRALIA DAY  
5 Sunday



INTERNATIONAL  
WOMEN'S DAY  
8 Wednesday



HARMONY  
DAY  
21 Tuesday



RAMADAN  
BEGINS  
22 Wednesday

# February/March

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27

Monday

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28

Tuesday

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1

Wednesday

# March

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2

Thursday

3

Friday

4

Saturday

5

Sunday

# March

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6  
Monday

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7  
Tuesday

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8  
Wednesday

# March

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Thursday

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Friday

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11  
Saturday

12  
Sunday

# March

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13

Monday

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14

Tuesday

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15

Wednesday

# March

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16  
Thursday

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17  
Friday

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18  
Saturday

19  
Sunday

# March

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Monday

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21

Tuesday

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22

Wednesday



# March

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23  
Thursday

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Friday

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25  
Saturday

26  
Sunday

# March

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27

Monday

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28

Tuesday

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29

Wednesday

# March/April

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30  
Thursday

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31  
Friday

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1  
Saturday

2  
Sunday

# APRIL GOALS

“Live as if you were to die tomorrow.  
Learn as if you were to live forever.”  
(Mahatma Gandhi)

# APRIL

SAT 1

SUN 2

MON 3

TUE 4

WED 5

THU 6

FRI 7

SAT 8

SUN 9

MON 10

TUE 11

WED 12

THU 13

FRI 14

SAT 15

SUN 16

MON 17

TUE 18

WED 19

THU 20

FRI 21

SAT 22

SUN 23

MON 24

TUE 25

WED 26

THU 27

FRI 28

SAT 29

SUN 30



EASTER  
HOLIDAYS

7 Friday – 10 Monday



DAYLIGHT SAVINGS  
ENDS

2 Sunday



EID AL-FITR  
(END OF RAMADAN)

20 Thursday



EARTH  
DAY

22 Saturday



ANZAC  
DAY

25 Tuesday

# April

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3  
Monday

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4  
Tuesday

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5  
Wednesday

# April

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6  
Thursday

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7  
Friday

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8  
Saturday

9  
Sunday

# April

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10  
Monday

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11  
Tuesday

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12  
Wednesday



**April**

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**13**  
Thursday

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**14**  
Friday

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**15**  
Saturday

**16**  
Sunday

# April

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17

Monday

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18

Tuesday

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19

Wednesday

# April

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20  
Thursday

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21  
Friday

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22  
Saturday

23  
Sunday

# April

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24  
Monday

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25  
Tuesday

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26  
Wednesday

**April**

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**27**  
Thursday

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**28**  
Friday

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**29**  
Saturday

**30**  
Sunday

# MAY GOALS

“You always learn a lot more when you lose.”  
(Ash Barty)

# MAY

**MON** 1

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**TUE** 2

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**WED** 3

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**THU** 4

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**FRI** 5

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**SAT** 6

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**SUN** 7

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**MON** 8

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**TUE** 9

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**WED** 10

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**THU** 11

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**FRI** 12

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**SAT** 13

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**SUN** 14

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**MON** 15

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**TUE** 16

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**WED** 17

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**THU** 18

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**FRI** 19

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**SAT** 20

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**SUN** 21

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**MON** 22

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**TUE** 23

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**WED** 24

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**THU** 25

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**FRI** 26

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**SAT** 27

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**SUN** 28

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**MON** 29

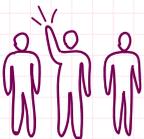
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**TUE** 30

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**WED** 31

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**NATIONAL  
VOLUNTEER WEEK**  
15 Monday – 21 Sunday



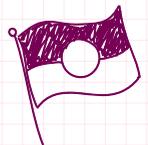
**MOTHER'S DAY**  
14 Sunday



**IDAHOBIT**  
17 Wednesday



**VIVID SYDNEY**  
26 Friday – 17 Friday



**NATIONAL  
SORRY DAY**  
26 Friday

# May

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1  
Monday

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2  
Tuesday

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3  
Wednesday



**May**

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**4**  
Thursday

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**5**  
Friday

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**6**  
Saturday

**7**  
Sunday

# May

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8

Monday

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Tuesday

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10

Wednesday

**May**

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**11**  
Thursday

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**12**  
Friday

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**13**  
Saturday

**14**  
Sunday

**May**

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**15**

Monday

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**16**

Tuesday

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**17**

Wednesday

**May**

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**18**  
Thursday

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**19**  
Friday

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**20**  
Saturday

**21**  
Sunday

# May

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22  
Monday

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23  
Tuesday

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24  
Wednesday

**May**

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**25**  
Thursday

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**26**  
Friday

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**27**  
Saturday

**28**  
Sunday

# JUNE GOALS

“The biggest adventure you can ever  
take is to live the life of your dreams.”  
(Oprah Winfrey)



# JUNE

THU 1

FRI 2

SAT 3

SUN 4

MON 5

TUE 6

WED 7

THU 8

FRI 9

SAT 10

SUN 11

MON 12

TUE 13

WED 14

THU 15

FRI 16

SAT 17

SUN 18

MON 19

TUE 20

WED 21

THU 22

FRI 23

SAT 24

SUN 25

MON 26

TUE 27

WED 28

THU 29

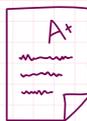
FRI 30



WINTER  
1 June – 31 August



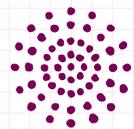
WORLD  
ENVIRONMENT DAY  
5 Monday



EXAMS  
5 Monday – 23 Friday



QUEEN'S  
BIRTHDAY  
12 Monday



REFUGEE WEEK  
18 Sunday – 24 Saturday

# May

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29  
Monday

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30  
Tuesday

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31  
Wednesday

# June

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1  
Thursday

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2  
Friday

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3  
Saturday

4  
Sunday

# June

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5  
Monday

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6  
Tuesday

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7  
Wednesday

**June**

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**8**  
Thursday

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**9**  
Friday

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**10**  
Saturday

**11**  
Sunday

# June

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12

Monday

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13

Tuesday

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14

Wednesday

**June**

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**15**  
Thursday

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**16**  
Friday

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**17**  
Saturday

**18**  
Sunday

# June

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19  
Monday

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20  
Tuesday

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21  
Wednesday



**June**

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22  
Thursday

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23  
Friday

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24  
Saturday

25  
Sunday

# June

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26

Monday

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27

Tuesday

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28

Wednesday

# June/July

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29  
Thursday

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30  
Friday

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1  
Saturday

2  
Sunday

# JULY GOALS



May your choices reflect your hopes, not your fears.

(Nelson Mandela)



# STUDENT DEALS

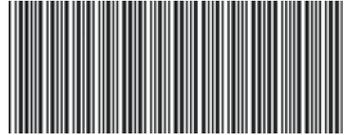
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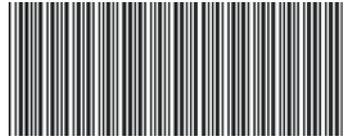
**\$5 chicken tender burger**  
at Crunch Café



**\$1 regular coffee**  
at Library Café



**50% off when you  
spend over \$10**  
at Library Café



**\$5 bacon and egg roll,  
veggie roll or ham & cheese  
roll before 10.30am**  
at Ubar



**50% off toasties**  
at Wally's Coffee & Toasties





## STUDENT DEALS



## SAVINGS

WOO-HOO!



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### \$5 CHICKEN TENDER BURGER AT CRUNCH CAFÉ

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 31 December 2023

Not to be used in conjunction with any other offer

Not available for online or catering purchase

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

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### \$1 REGULAR COFFEE AT LIBRARY CAFÉ

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 31 December 2023

Not to be used in conjunction with any other offer

Not available for online or catering purchase

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

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### 50% OFF WHEN YOU SPEND OVER \$10 AT LIBRARY CAFÉ

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 31 December 2023

Not to be used in conjunction with any other offer

Not available for online or catering purchase. Minimum spend \$10, maximum discount \$20

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

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### \$5 BACON AND EGG ROLL, VEGGIE ROLL OR HAM & CHEESE ROLL BEFORE 10.30AM AT UBAR

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 31 December 2023

Not to be used in conjunction with any other offer

Not available for online or catering purchase

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

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### 50% OFF TOASTIES AT WALLY'S COFFEE & TOASTIES

Limit of one per customer per offer

Must use voucher to redeem offer

Offer expires 31 December 2023

Not to be used in conjunction with any other offer

Not available for online or catering purchase. Max discount value \$20

MACQUARIE UNIVERSITY ABN 90 952 801 237 | U@MQ LTD ABN 27 125 926 169

# JULY

**SAT** 1

**SUN** 2

**MON** 3

**TUE** 4

**WED** 5

**THU** 6

**FRI** 7

**SAT** 8

**SUN** 9

**MON** 10

**TUE** 11

**WED** 12

**THU** 13

**FRI** 14

**SAT** 15

**SUN** 16

**MON** 17

**TUE** 18

**WED** 19

**THU** 20

**FRI** 21

**SAT** 22

**SUN** 23

**MON** 24

**TUE** 25

**WED** 26

**THU** 27

**FRI** 28

**SAT** 29

**SUN** 30

**MON** 31



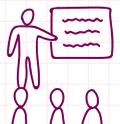
**NAIDOC WEEK**  
2 Sunday – 9 Sunday



**HIJRI NEW YEAR**  
18 Tuesday – 19 Wednesday



**ORIENTATION WEEK**  
17 Monday



**SESSION 2 CLASSES START**  
24 Monday

# July

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3  
Monday

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4  
Tuesday

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5  
Wednesday



**July**

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**6**

Thursday

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**7**

Friday

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**8**

Saturday

**9**

Sunday

# July

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Monday

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11  
Tuesday

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12  
Wednesday

**July**

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**13**

Thursday

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**14**

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**15**

Saturday

**16**

Sunday

# July

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Monday

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Tuesday

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19  
Wednesday

**July**

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**20**  
Thursday

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**21**  
Friday

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**22**  
Saturday

**23**  
Sunday

# July

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24  
Monday

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Tuesday

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26  
Wednesday

**July**

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**27**  
Thursday

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**28**  
Friday

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**29**  
Saturday

**30**  
Sunday

# AUGUST GOALS

“There are only two ways to live your life.  
One is as though nothing is a miracle.  
The other is as though everything is a miracle.”  
(Albert Einstein)



# AUGUST

**TUE** 1

**WED** 2

**THU** 3

**FRI** 4

**SAT** 5

**SUN** 6

**MON** 7

**TUE** 8

**WED** 9

**THU** 10

**FRI** 11

**SAT** 12

**SUN** 13

**MON** 14

**TUE** 15

**WED** 16

**THU** 17

**FRI** 18

**SAT** 19

**SUN** 20

**MON** 21

**TUE** 22

**WED** 23

**THU** 24

**FRI** 25

**SAT** 26

**SUN** 27

**MON** 28

**TUE** 29

**WED** 30

**THU** 31



**CITY2SURF**  
13 Sunday



**WEAR IT PURPLE DAY**  
26 Friday



**CHERRY BLOSSOM**  
FESTIVAL

# July/August

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31  
Monday

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1  
Tuesday

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2  
Wednesday

# August

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3

Thursday

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Friday

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Saturday

6

Sunday

# August

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Monday

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Tuesday

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9

Wednesday

# August

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Thursday

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Friday

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12  
Saturday

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Sunday

# August

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Monday

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Tuesday

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16

Wednesday

# August

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Thursday

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Friday

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Saturday

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Sunday

# August

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21

Monday

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22

Tuesday

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23

Wednesday



# August

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24

Thursday

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Friday

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Saturday

27

Sunday

# August

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28

Monday

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29

Tuesday

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30

Wednesday

# August/September

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31  
Thursday

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1  
Friday

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2  
Saturday

3  
Sunday

# SEPTEMBER GOALS

“History isn’t something you look back at and say it was inevitable, it happens because people make decisions that are sometimes very impulsive and of the moment, but those moments are cumulative realities.”

(Marsha P Johnson)

# SEPTEMBER

FRI 1

SAT 2

SUN 3

MON 4

TUE 5

WED 6

THU 7

FRI 8

SAT 9

SUN 10

MON 11

TUE 12

WED 13

THU 14

FRI 15

SAT 16

SUN 17

MON 18

TUE 19

WED 20

THU 21

FRI 22

SAT 23

SUN 24

MON 25

TUE 26

WED 27

THU 28

FRI 29

SAT 30



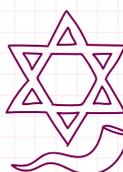
SPRING  
1 September –  
30 November



FATHER'S  
DAY  
3 Sunday



R U OK?  
DAY  
14 Thursday



YOM KIPPUR  
24 Sunday – 25 Monday



MID-AUTUMN FESTIVAL  
(MOON FESTIVAL)  
29 Friday

# September

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4

Monday

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5

Tuesday

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6

Wednesday

# September

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7

Thursday

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Friday

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Saturday

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Sunday

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# September

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Monday

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Tuesday

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13

Wednesday



# September

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Saturday

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Sunday

# September

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Wednesday

# September

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Saturday

24  
Sunday

# September

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25  
Monday

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26  
Tuesday

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27  
Wednesday

# September/October

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28  
Thursday

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29  
Friday

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30  
Saturday

1  
Sunday

# OCTOBER GOALS

“Respect other people as much as you respect yourself.  
Be confident in who you are and what you can produce.”

(Jackie Huggins)

# OCTOBER

**SUN** 1

**MON** 2

**TUE** 3

**WED** 4

**THU** 5

**FRI** 6

**SAT** 7

**SUN** 8

**MON** 9

**TUE** 10

**WED** 11

**THU** 12

**FRI** 13

**SAT** 14

**SUN** 15

**MON** 16

**TUE** 17

**WED** 18

**THU** 19

**FRI** 20

**SAT** 21

**SUN** 22

**MON** 23

**TUE** 24

**WED** 25

**THU** 26

**FRI** 27

**SAT** 28

**SUN** 29

**MON** 30

**TUE** 31



**DAYLIGHT SAVINGS  
BEGINS**  
1 Sunday



**LABOUR DAY**  
2 Monday



**NATIONAL  
COMING OUT DAY**  
11 Wednesday



**GRANNY SMITH  
FESTIVAL**  
21 Saturday

# October

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2

Monday

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3

Tuesday

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4

Wednesday



# October

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Thursday

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Friday

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Saturday

8

Sunday

# October

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9

Monday

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10

Tuesday

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11

Wednesday

# October

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12

Thursday

13

Friday

14

Saturday

15

Sunday

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# October

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Monday

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Tuesday

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Wednesday

# October

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# October

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# October

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Saturday

29  
Sunday

# NOVEMBER GOALS

“Don't let anyone rob you of your imagination, your creativity, or your curiosity. It's your place in the world; it's your life. Go on and do all you can with it, and make it the life you want to live.”

(Mae Jemison)



# NOVEMBER

**WED** 1

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**THU** 2

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**FRI** 3

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**SAT** 4

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**SUN** 5

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**MON** 6

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**TUE** 7

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**WED** 8

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**THU** 9

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**FRI** 10

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**SUN** 12

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**MON** 13

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**TUE** 14

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**WED** 15

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**THU** 16

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**FRI** 17

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**SAT** 18

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**SUN** 19

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**MON** 20

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**WED** 22

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**THU** 23

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**FRI** 24

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**SAT** 25

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**SUN** 26

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**MON** 27

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**TUE** 28

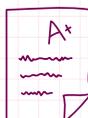
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**WED** 29

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**THU** 30

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**EXAMS**  
6 Monday -  
24 Friday



**INTERSEX DAY  
OF SOLIDARITY**  
8 Wednesday



**REMEMBRANCE  
DAY**  
11 Thursday



**DIWALI**  
12 Sunday



**INTERNATIONAL DAY  
FOR THE ELIMINATION OF  
VIOLENCE AGAINST WOMEN**  
25 Saturday

# October/November

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30  
Monday

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31  
Tuesday

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1  
Wednesday

# November

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Thursday

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Friday

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Saturday

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Sunday

# November

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Monday

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# November

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# November

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# November

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# November

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Wednesday



# November

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# November

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Wednesday

# November/December

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Thursday

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Friday

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Saturday

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Sunday

# DECEMBER GOALS



Do the best you can until you know better.  
Then when you know better, do better.

(Maya Angelou)



# DECEMBER

**FRI** 1

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**SAT** 2

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**SUN** 3

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**MON** 4

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**TUE** 5

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**WED** 6

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**THU** 7

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**FRI** 8

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**SAT** 9

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**SUN** 10

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**MON** 11

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**TUE** 12

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**WED** 13

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**FRI** 15

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**SAT** 16

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**MON** 18

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**TUE** 19

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**WED** 20

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**SAT** 23

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**SUN** 24

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**MON** 25

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**TUE** 26

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**WED** 27

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**THU** 28

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**FRI** 29

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**SAT** 30

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**SUN** 31

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**SUMMER**  
1 December -  
28 February



**INTERNATIONAL DAY OF  
PEOPLE WITH DISABILITY**  
3 Sunday



**SESSION 3  
CLASSES START**  
11 Monday



**CHRISTMAS DAY**  
25 Monday



**NEW YEARS EVE**  
31 Friday

# December

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Monday

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Tuesday

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# December

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# December

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Wednesday



# December

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# December

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# December

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# December

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# December

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Saturday

31  
Sunday

# NOTES

# NOTES

# NOTES



# NOTES

# NOTES



**STREET ADDRESS ABBREVIATIONS:**

- 75T = 75 Talavera Road
- CC = Central Courtyard
- EaR = Eastern Road
- FW = First Walk
- GR = Gymnasium Road
- HA = Hadenfeld Avenue

- MW = Macquarie Walk
- SCO = Sir Christopher Ondaatje Avenue
- SR = Science Road
- SW = Second Way
- WR = Western Road
- WW = Wally's Walk



**HOW TO READ OUR STREET ADDRESS SYSTEM**



