A message from our Pro Vice-Chancellor Graduate Research

This month, I have invited Prof Jen Cornish, our Academic Director, Graduate Research to provide the introductory message for Graduate Research Matters – over to you Jen.

Stay safe and stay well,
Professor Simon Handley, Pro-Vice-Chancellor Graduate Research

As a Graduate Researcher you may have spent your childhood wondering what makes the world turn, pulled apart numerous toys to see how they worked and/or immersed yourself in book after book (including the dictionary). You may have even wondered about Descarte’s ‘Cogito, ergo sum’ from a philosophical and neurobiological perspective. Not only did you constantly ask your parents ‘but why?’, you also moved on to ‘but how?’, and you didn’t wait for their response, you found it out for yourself. Then you couldn’t wait to share what you’d discovered with some unsuspecting target. Sound familiar?

Innate curiosity is certainly an important trait for a graduate researcher, and learning how to harness and develop your research skills takes practice and patience. Our supervisors are your most important teachers, and they aim to develop your career skills and guide you to success. The Graduate Research Academy also provides you with a suite of support and training opportunities. Our Graduate Research Academy Development and Experience team delivers academic, software and
professional training, important events and information sessions as well as peer support and wellbeing workshops. We also support your supervisors, with a new suite of workshops coming this March! We collaborate with many teams and faculties across the University to find the best support for you, your research and your career, so please check out our team and the myRDC website (and see below) to book in your next training opportunity!

We are always open to new ideas, so if there’s an event or training that you’d like us to provide please contact our fabulous managers in the Graduate Research Academy Development and Experience team: Juliet Lum (Research Development; gr.development@mq.edu.au), Linda Schofield (Candidate Experience; gr.commencement@mq.edu.au) Karen Laughton (Supervision Enhancement, gr.supervision@mq.edu.au) or email gr.matters@mq.edu.au.

Professor Jen Cornish, Academic Director, Graduate Research

COVID-19 FAQs for GR Candidates (Coronavirus (COVID-19) infection: latest information – Information for Students – Changes to Session 1 – GR Students

GR Workshops

2022 workshops are progressively being added to the MyRDC website.

<table>
<thead>
<tr>
<th>Tuesdays 10am-12pm</th>
<th>GR Statistical Consulting Service</th>
<th>3 March 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>16WW (Lincoln Building), Room 1.31 (Level 1)</td>
<td>Appointment recommended: contact A/Prof Peter Petocz (<a href="mailto:peter.petocz@mq.edu.au">peter.petocz@mq.edu.au</a>)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>8 March – 12 April 2022</th>
<th>Humanities Research Writing Basics</th>
<th>9 March – 6 April 2022</th>
<th>ONLINE Science Research Writing Basics Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>Register now →</td>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>10 March 2022</th>
<th>Graduate Research Writing Workshops</th>
<th>10-11 March 2022</th>
<th>Word for Graduate Researchers (online)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Register now →</td>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
</tbody>
</table>
(Social Sciences & Humanities): What Academic Audiences Expect from Introduction?

Register now →

Science Writing for Publication Workshop 2: Strategic Publishing

14 March 2022

Register now →

Graduate Research Writing Workshops (Social Sciences & Humanities): Making Rigorous Description and Justification of Research Methods

17 March 2022

Register now →

Excel for Graduate Researchers (online)

21-22 March 2022

Register now →

SPSS Introductory Workshop (Zoom)

23-24 March 2022

Register now →

Graduate Research Writing Workshops (Social Sciences & Humanities): Techniques in Discussing Results and Drawing Conclusion

24 March 2022

Register now →

Science Writing for Publication Workshop 3: Improving the flow of your writing

28 March 2022

Register now →

SPSS Intermediate Workshop (Zoom)

30-31 March 2022

Register now →

Word for Graduate Researchers (Face-to-Face)

5 April 2022

Register now →

FACE-to-FACE April mini-writing retreat

5 April 2022

Graduate Research Writing Workshops
Announcements

14 April 2022

Survey Design and Practice Using LimeSurvey

Register now ➔

Stay in the loop!

To receive announcements for GR Workshops please ensure you have enrolled in our iLearn site!

Researchers IMPACT Program

Stay up to date and find out what’s happening at the MQ Incubator!

Join our newsletter

Stay up to date and find out what’s
Calling all Macquarie University Research Groups, Researchers and HDR Candidates. The Researchers IMPACT Program is designed to Provide a Supportive Pathway for Assessment of Commercialisation. Developed by the Office of Commercialisation and the MQ Incubator, this program is a blended learning experience to assess the path of research to commercialisation. Applications open March 7th.

Register your EOI now.

**Important Dates**

1 March - Closing date for international MRes applications for S2 2021 (Note: MQBS and Arts do not offer Year 1 commencement in session 2)

6 March - Session 1 Last day to enrol (applicable to BPhil/MRes Yr1)

18 March - Session 1 Census date. This is the last date to withdraw without academic and financial penalty (applicable to BPhil/MRes Yr1)

A full calendar of important dates can be viewed on [Graduate Research Important Dates](https://page.mq.edu.au/index.php/email/emailWebview?md_id=22741).

**Thinkwell Workshop (online)**

**Presented by Hugh Kearns**

Join us for [Seven Secrets of Highly Successful Research Students](https://page.mq.edu.au/index.php/email/emailWebview?md_id=22741) 13:30-16:00pm, Friday, 18 March 2022. Please register via [myRDC](https://page.mq.edu.au/index.php/email/emailWebview?md_id=22741). The Zoom link will be provided via email prior to the event.

**News & Information**

**Graduate Research Supervision**
Mandatory course for supervisors: Foundations in HDR Supervisors

‘Foundations in HDR Supervision’ is a mandatory course for all new MQ supervisors and supervisors requiring refresher training every four years. It provides an overview of the University rules, policies, procedures and codes that HDR supervisors and candidates are expected to adhere to.

All supervisors are required to complete this course as part of the minimum standards of appointment as a supervisor. If you have not yet completed the course, visit the ‘Foundations in HDR Supervision’ website for information about accessing and completing the course.

Info-sessions and workshops

GR supervisors are encouraged to engage in continuing professional development to help maintain currency and to reflect on and further develop their skills. The Graduate Research Academy offers a number of info-sessions, workshops and a forum series to assist supervisors – coming up in March we have a suite of info-sessions to help supervisors understand the processes and procedures for graduate research.

Full details of each activity can be found on the Supervision Enhancement website.

1 March 2022
Info-session: Applications, offers and acceptances
Register now →

4 March
Info-session: Enrolments, intake periods and mandatory training
Register now →

9 March
Info-session: Candidature

10 March
Info-session: Demystifying the
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Register now</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 March</td>
<td>Management examination process</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>15 March</td>
<td>Info-session: Thinkwell Workshop: Supervising Research Students Flexibly</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>17 March</td>
<td>Info-session: National Competitive round - recruiting candidates</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>21 March</td>
<td>Info-session: Applications, offers and acceptances</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>24 March</td>
<td>Info-session: National Competitive round - application process</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>25 March</td>
<td>Info-session: Enrolments, intake periods and mandatory training</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>29 March</td>
<td>Info-session: Candidature Management</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>30 March</td>
<td>Info-session: Demystifying the examination process</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>4 April</td>
<td>Info-session: Scholarship ratings and rankings</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
<tr>
<td>22 April</td>
<td>Thinkwell Masterclass - Research Supervision</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Register now →</td>
<td></td>
</tr>
</tbody>
</table>
Thinking about your career path after your Masters or PhD?

Join us for a Graduate Research Careers Panel.

When: Thursday 10 March, 1:30-2:30pm, with refreshments to follow.  
Where: Level 8, 12 Wally’s Walk

Professor Jennifer Cornish (Academic Director of Graduate Research) will chair a panel of Macquarie PhD alumni on their career paths following their PhDs. With representatives across all four Faculties, the discussion will cover a wide range of career possibilities.

- Postdocs, teaching or alt-ac?
- Public service or NFP?
- Industry/business sectors?

Join us for discussion: Register here  
Check out the full Careers & Employability Week program

Welcome to your Graduate Research Degree!

PVC Graduate Research Welcome

On Thursday February 10th the GRA held the first PVC Graduate Research Welcome for over 270 newly commencing candidates. Thank you to those who attended. For those who missed this event, we will hold another Welcome in Semester 2, and much of the information is available in the Central Commencement Program (CCP). As a new graduate researcher please ensure you complete the CCP to confirm your candidature.

Central Commencement Program (CCP)
Information for both the Central Commencement Program (CCP) Online for HDR and MRes Year 2 will be emailed to all new respective candidates soon. For those who do not receive the email by the end of March, please visit the current candidates website to review the steps for completing the CCP. If you have any questions, please email gr commencements@mq.edu.au.

Important information for new candidates

During your degree, you may need to access resources or make changes to your candidature. Candidates are encouraged to review the following information and discuss matters relating to their candidature with their supervisor.

- Action Plans
- Confirming candidature
- Changes to candidature
- Annual Progress Report
- Tools and support

2022 ACGR Awards for Excellence in Graduate Research Education

Nominations for the ACGR Excellence in Graduate Research Education Awards are now open and will close at 5 pm on Friday 1 April 2022. These will recognize and reward excellence in higher degree research supervision, leadership and industry engagement, and also contributions to good practice in higher degree research (HDR) supervision and leadership across Australia and New Zealand.

The following awards will be presented at a specially convened virtual seminar in April/May:

- ACGR Award for Excellence in Graduate Research Supervision sponsored by ResearchMaster (individual or team nominations)
• ACGR Award for Excellence in Graduate Research Leadership (individual nominations only)
• ACGR Award for Excellence in Promoting Industry Engagement in Graduate Research (individual or team nominations)

Fiona Zammit
Executive Director
Australian Council of Graduate Research Inc

Growing up in Science

Have you ever wondered what your advisor struggled with as a graduate student? What they struggle with now? Growing up in science is a conversation series featuring personal narratives of becoming and being a scientist.

Growing up in Science was started in 2014 at New York University by professors Wei Ji Ma and Cristina Alberini, and is now worldwide.

At a typical Growing up in Science event, one faculty member shares their life story, with a focus on struggles, failures, doubts, detours, and weaknesses. Common topics include dealing with expectations, impostor syndrome, procrastination, luck, rejection, conflicts with advisors, and work-life balance, but these topics are always embedded in the speaker's broader narrative.

Join in for a conversation about the human factors that are universal undercurrents of working in academia but that too often remain unspoken.

Check out the recorded events on the Growing up in Science YouTube channel.

The Magic of Mantra Meditation
I was a meditator before I was a researcher, and always feel like I know a little bit of magic. My meditation practice has kept me calm, focused, and energized throughout my studies, helping me focus, recharge, and relax, as well as increasing my self-awareness.

My PhD research focuses on the psychological and physiological benefits of mantra meditation (chanting) and shows that chanting reduces stress, and increases social connection, mindfulness, and improves quality of life, with 60% of experienced ‘chanters’ reporting an altered state characterized by a sense of peace and connection.

When I started meditation, it was to overcome mental health issues, but its benefits have now extended beyond wellness, helping me become more mindful and less reactive, and enabling me to navigate the world in a more balanced and peaceful way.

Gemma Perry, PhD Candidate
School of Psychological Sciences, Faculty of Medicine, Health and Human Sciences
Gemma’s research has been featured on ABC’s Catalyst and ABC 1view.

Library EndNote training – Zoom workshops in Week 2 & Week 6
The Library is offering EndNote workshops via Zoom. Registration is through myRDC, with each workshop limited to 15 attendees.

There are separately scheduled EndNote workshops for Windows (PC) and Mac.

- **EndNote for Windows.** Tuesday 1 March 2:00-3:30. Zoom workshop

- **EndNote for Windows.** Thursday 31 March 2:00-3:30. Zoom workshop

- **EndNote for Mac.** Thursday 3 March 2:00-3:30. Zoom workshop

- **EndNote for Mac.** Tuesday 29 March 2:00-3:30. Zoom workshop

EndNote is the most commonly used bibliographic management software to help manage your references as you research and write.

The workshops cover the basics of the application and how it can facilitate your work by storing your references, attaching PDFs, and allowing you to cite and create bibliographies with ease.

You will need to have EndNote installed before the session. Access the software and instructions at:

- **EndNote for Windows**

- **EndNote for Mac**

**Consultations with a Research Librarian** - Research librarians can provide individual advice and assistance with EndNote. Find your research librarian at:
MRes Information Session

Join us for our MRes Information Session (online) at 10-11am on Thursday 17 March 2022.

Register here

We look forward to seeing you there!

The zoom link will be emailed (to the email address provided) prior to the event. Please email gr.comencement@mq.edu.au if you have any questions.

Scholarships

NOW OPEN: 2022 Research Excellence Scholarship

The 2022 Research Excellence Scholarship round is now open for S2 2022 commencement. These scholarships are highly competitive and are awarded to only the highest-ranked candidates.

The selection processes for candidates commencing in 2022 will predominantly be based on candidate ratings but will also include considerations of the Research Environment. This may include an evaluation of the alignment of the candidate’s project with Macquarie University’s research strategy and research priorities, the quality of the supervisory team and the international standing of the research area.

Relevant information on the 2022 Research Excellence Scholarship can be found on the MQ website. Additional questions may be emailed to us.

HDR Road to Research Scholarship Round - Session 2 2022

The Road to Research (Master of Research Year 2) Scholarship is for applicants who are onshore and eligible to commence the Macquarie Master of Research Year 2 in Sydney, Australia in Session 2 2022. Relevant information on the Road to Research Scholarship can be found on the MQ website. Additional questions may be emailed to us.
Cotutelle and International Opportunities

GR Scholarships

GR Development & Experience

My Research Program

YOU to the power of us